

Probus Club of Springwood Inc.  
ABN: 13 846 161 696

P.O. Box 414, Springwood Qld 4127

Club Registration No. 56317  
Sponsored 29/11/2001 by:  
The Rotary Club of Loganholme Inc.



## NEWSLETTER

Issue No: 259 February 2024

**NEXT CLUB MEETING: 10.00 am. Thursday, 8<sup>th</sup> February 2024**

**SDA Youth Hall, 121 Barbaralla Drive, Springwood**

### COMMITTEE MEMBERS FOR 2023-2024

**President: Lorraine Mason 0409 980 661**

**Secretary: Barry Smith 0418 884 742**

**Treasurer: Allan Johnson 0400 110 242**

**Newsletter: Madonna Ryan 0422 546 062**

**Guest Speakers: Mervyn Richens 0420 373 162**

**Dine Outs: Di Thomas 0413 531 329**

**Outings: Rose Johnson 0417 606 234**

**Membership: Di Walker 0402 090 094**

**Club Services: Lorraine Williams 0421 410 182**

**Welfare: Roni Harvey 0432 862 105**

**Past President: Alicia Cook 0413 307 050**

**If unable to attend the meeting, please phone your apology to  
Lorraine Williams (0421 410 182) before the meeting.**

### **PRESIDENT'S MESSAGE – FEBRUARY 2024**

Thank you to all those members who joined us for the January meeting – I felt we had a reasonable turnout for our first meeting of the New Year.

Our guest speakers Wilma and Stan who spoke about the Masters Athletics were great – Wilma was both an informative and entertaining speaker, and Stan gave us an insight into the Administration side of the games, both in Australia and overseas. It certainly is a passion for them as they have spent over 40 years both in competing and in administration for the Masters Athletics.

We have a Dine-out coming up at Michael's Oriental on 15<sup>th</sup> February to celebrate Chinese New Year.

Chinese New Year 2024 falls on Saturday 10<sup>th</sup> February and celebrations culminate with the Lantern Festival on Saturday 24<sup>th</sup> February. This year is the Year of the Wood Dragon. The Dragon Years alternate between Earth, Metal, Water, Wood and Fire. The next Dragon year is not until 2036.

Michael's Oriental started in 1989 and has developed a reputation for excellence so an enjoyable night with fellow members is guaranteed.

It is not long now until our AGM in March. We need a nomination for Secretary so if you believe you have the skills to do this job, then please speak to either myself or Barry. Every assistance will be given to transition to the role.

By the time you read this message, Australia Day will have been celebrated on 26<sup>th</sup> January 2024. Australia Day is the day to reflect on what it means to be Australian, to celebrate contemporary Australia and to acknowledge our history. As the song says, "I am, you are, we are Australian".



Lorraine Mason

## NOMINATIONS FOR THE MANAGEMENT COMMITTEE FOR 2024 - 2025

Management Committee positions for the 2024-2025 year are now open. There are a number of positions to be filled and I encourage you all to consider nominating for one of these.

All you need is the desire to give back to the Club that you have benefitted from, a willingness to share your knowledge, ideas and experience, a co-operative attitude, and a little bit of time.

The benefit for you is pride and satisfaction knowing that you have helped fellow retirees to stay engaged and connected in your Club, and that you have helped promote our motto of "Fellowship, Friendship and Fun". The responsibility of a Management Committee role builds confidence and you have the opportunity to share your ideas, knowledge and experience with fellow members. It can be very rewarding working behind the scenes to make our Club run smoothly. A Committee that works well as a team will grow as a team.

Current Committee members will be happy to provide guidance and advice. If you need any further information about any of the positions, please speak to either myself or a Management Committee member. A description of each role can be provided. There is an old saying "Many hands make light work", so please put up your hand and nominate.

Nomination forms can be obtained from our Secretary, Barry Smith.

Lorraine Mason

### **Future Guest Speakers:**

#### **February: Fiona Muller: Flood Recovery and Disaster Preparation and Management**

Accompanying Fiona will be Jim Ferguson – from Logan City Council Disaster Management Team – and also an active SES Volunteer.

Fiona Muller has a Bachelor in Social Science majoring in Counselling and has worked at Kingston East Neighbourhood Group since 2017 in various roles such as the Counsellor, Facilitated the Older Persons Action Program and has now been funded to work in both Flood Recovery and The Older Persons Flood Alliance.

These roles have been funded by both State and Federal Governments. The aim is to help those that have been flooded from the 2022 Floods in their recovery and to increase the self-efficacy of Seniors, in order to ensure they are educated, prepared and have an actionable plan, in the event of another flood, and contribute to a healthier, stronger and more inclusive senior community in Logan.

Her work also includes preparation for any disaster, including fires and what you should have stored in the cloud or on a USB Thumb Drive.

#### **March: Eddy Kerkhofs**

His topic will be **"The questions about aeroplanes you always had but never asked."**

Eddy suggests he take an interactive approach and can draw on his career experiences as a NATO fighter pilot, Cathay Pacific Boeing 747 captain, current business jet captain, and as a recreational aerobatic and glider pilot. So he can cover aviation specific questions Probus members might have based on their passenger experiences such as what happens before and during a flight that people take to go on a holiday. He will also talk about recreational aeroplanes, military fighter jets, large air transport planes. He owns an aerobatic aircraft he bases at Boonah plus a high performance glider.

#### **April: Megan Norris – Crime Journalist**

Megan Norris is a UK-trained journalist and award-winning author whose portfolio includes covering some of Australia's most notorious crimes.

## GUEST SPEAKERS JANUARY 2024 – STAN AND WILMA PERKINS

Stan grew up in Rosebank (17 miles from Lismore in northern NSW) and then Lismore before embarking on a career of 18 years in the NSW Public Service Justice Department. Wilma and Stan went to Richmond River High School, married in 1969, had 5 children and then moved to Brisbane in 1980 seeking better opportunities for their children and to be nearer family.

Stan was a successful shot-put thrower but shoulder injuries from rugby league impacted his career. As such, he became interested in the administration side of the sport and he developed his career in this direction. In 1982, he joined Queensland Athletics Club and over the following years held many roles on Committees, as Secretary, and President. As well as roles in Australia, Stan also served as Secretary and President of Oceania Masters Region which culminated in him being elected in 1995 as Oceania Region Representative to the World Masters Athletics Council.

In 2009, Stan was elected as President, World Masters Athletics and he retired from this position 9 years' later. He was appointed Honorary LIFETIME World Masters President, Malaga, Spain. This was the first such appointment in the organisation's history. Quite impressive!

Stan has also been involved in organising the World Masters Games from 1994 until 2002. He was the Chief Executive of the Games and saw it bloom with rapidly increasing International numbers as well as Australian competitions. His last Games in 2002 attracted more than 10,000 athletes in about 30 sports spread over two weeks. Stan has visited 63 countries around the world working for the Masters Athletics.

Wilma, I am sure you will agree was a very informative and entertaining speaker. She has been involved in Masters Athletics (a not for profit organisation) for over 37 years. She specialises in Pole Vault and said she has missed the mat a couple of time – Ouch!! She has also competed in the Decathlon which is a total of 10 track and field events.

Wilma is very athletic, and some of her records over the years have not been broken. These include for running the Women's W30 - 100M, W35 – 200M and 400M, for Pole Vault W45, for Pentathlon W30 and W35, for Heptathlon W30. An amazing achievement.

Queensland Masters Athletics Association (QMA) promotes fitness, fun and friendship through a range of athletic activities for everyone. Membership starts from 30 years through to 100+. The competitions run in 5 year age groups across all track and field events. Masters Athletics is all about participation so there are no qualification standards required for any masters event held. In 2023, QMA celebrated their 50<sup>th</sup> Anniversary. If you do not wish to compete, you can volunteer and there are many different jobs available to suit.

Wilma said it is not about being the best – it is about beating your own time and having fun. Any takers?

Lorraine Mason







President Lorraine welcomed new members John Tuer and Christine Tait to the club and presented them with their membership certificates.



Lorraine congratulated Jeff on reaching 80 years (on 30/1/24) and presented him with his OBE certificate.



Lorraine thanked Darryl and Dorothy for their service over the years and welcomed Brigita and her team from ADRA who will now provide our morning tea at the meetings.



A highly dangerous virus called "Weekly Overload Recreational Killer" (WORK) is currently going around.

If you come in contact with this WORK virus, you should immediately go to the nearest "Biological Anxiety Relief" (BAR) centre to take antidotes known as "Work Isolating Neutralizer Extract" (WINE), "Radioactive UnWORK Medicine" (RUM), "Bothersome Employer Elimination Rebooter" (BEER) or "Vaccine Official Depression Killing Antigen" (VODKA)



### **Birthday Greetings for February**

01 Di Walker	03 Christine Tait
12 Natalie Cadiz	12 Trevor Stubbs
15 Gail Harvey	17 Sandi Silva
21 Rolf Steenland	22 Roger East

### **Your Club Calendar Outings and Activities**

<b>Date</b>	<b>Activity</b>	<b>Venue</b>	<b>Time</b>
Tues 6 <sup>th</sup> Feb	Coffee and Chat	Springwood Park, Cinderella Dr, Springwood	10:00am
Thur 8 <sup>th</sup> Feb	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
Tues 13 <sup>th</sup> Feb	Craft Group	Joan Bamforth Ph: 0416 076 276	9:30am
Thurs 15 <sup>th</sup> Feb	Michaels Oriental	223 Padstow Rd, Eight Mile Plains	6:30pm
Tues 27 <sup>th</sup> Feb	Ten Pin Bowling	Logan City Tenpin, 17 Wembley Rd, Bob Pareezer, Phone: 0499 559 281.	9:45am to 12:00noon
Thurs 29 <sup>th</sup> Feb	Old Government House Tour	2 George St, Brisbane City	10:30am
Tues 5 <sup>th</sup> Mar	Coffee and Chat	Springwood Park, Cinderella Dr, Springwood	10:00am
Thur 14 <sup>th</sup> Mar	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
Every Wed	Walking Group (Raghbir Kalsi)	Daisy Hill Forest, Top Carpark	8:30am
Every Mon, Tues and Friday	Beginners Walking Group (Kevin Woodward)	Underwood Park Front. Call Kevin Ph: 0458 513 880	6:15am
Every Tues	Trivia Night	Lions @ Springwood. Bill French Ph: 0414 380 820 & leave a message.	7:00pm

### **SENIORS TEXTING CODE:**

ATD: At The Doctors  
 BFF: Best Friend Fell,  
 BTW: Bring the Wheelchair,  
 BYOT: Bring Your Own Teeth,  
 FWIW: Forgot Where I Was,  
 GGPBL: Gotta Go Pacemaker Battery Low,  
 GHA: Got Heartburn Again,  
 IMHO: Is My Hearing-Aid On,  
 LMDO: Laughing My Dentures Out,  
 OMMR: On My Massage Recliner,  
 OMSG: Oh My! Sorry, Gas,  
 ROFLACGU: Rolling On Floor Laughing And Can't Get Up  
 TTYL: Talk To You Louder.

Do you ever get the  
 urge to start  
 organising and then  
 2 hours later, you're  
 just looking around  
 at a mess like...  
 What the hell have I  
 done?

**MY WIFE MADE ME  
 COFFEE THIS MORNING AND  
 WINKED AT ME WHEN SHE  
 HANDED ME THE CUP.**  
**I'VE NEVER BEEN MORE  
 SCARED OF A DRINK IN ALL OF  
 MY LIFE.**

## **FUTURE DINEOUTS AND OUTINGS**

- |                      |           |   |
|----------------------|-----------|---|
| 15 <sup>th</sup> Feb | Dinner    | <b><i>Celebrate Chinese New Year Dineout</i></b><br><b>Michaels Oriental</b> , 223 Padstow Road, Eight Mile Plains<br>Time: 6:30pm<br>Own cost<br>* * * * *   |
| 29 <sup>th</sup> Feb | Outing    | <b><i>Old Government House</i></b> , 2 George St, Brisbane City<br>Tour time: 10:30am to 11:30am<br>(limited numbers - 30 only)<br>Tour now filled - put name on waiting list, if interested<br><br>Lunch <b><i>Government House Café on site.</i></b><br>Time: 12noon<br>Own cost<br>* * * * * |
| 21 <sup>st</sup> Mar | Outing    | <b><i>Morning Melodies - ROCK N ROLL EXTRAVAGANZA</i></b><br>WOONGOOLBA HALL, Pimpama Island & District Community<br>Centre, 1226 Stapylton Jacobs Well Road.<br>Time: 10:30am to 2:00pm<br>Cost \$25.00 each - Lunch included. - Direct Debit by March 15 <sup>th</sup> .<br>* * * * *         |
| 28 <sup>th</sup> Mar | Breakfast | <b><i>More Café</i></b> , Springwood Mall Shopping Centre<br>Time: 8:30am<br>Own cost<br>* * * * *  |

**ATTENTION !!** When doing bank transfers, please identify yourself and the payment as requested.  
Eg. Music & Name

## **IMPORTANT NOTICE TO MEMBERS**

**As a matter of courtesy, apologies need to be given to Lorraine Williams (0421 410 182), Club Services if unable to attend monthly meetings.**

If feeling unwell, please do not attend the monthly meetings or other Probus functions.

Members are reminded that it is a constitution requirement to attend a minimum of **50% of meetings per annum.**

Unfortunately, **no refund** shall be given for any **pre paid events** once holding deposits are paid.

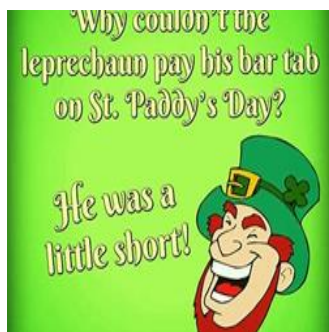
**All online payments now to BENDIGO BANK**      BSB: 633 000    Account number : 178 031 910

**Account Name: Probus Club of Springwood**

**Please use the reference provided to help Allan identify what you are paying for!**

## JOIN IN THE ST. PADDY'S DAY FUN AND WEAR SOMETHING

## GREEN AT THE GENERAL MEETING ON MARCH 14<sup>TH</sup> 2024





## TENPIN BOWLING REPORT

Read this! Read this!

Only 4 Springwood Probians turned up for our first 10pin session of 2024. Our 2 friends from Park Ridge Probus, Desley and Brenda, boosted our numbers.

Well, what an amazing game by Di Walker, absolutely brilliant and exciting to watch. Di showed us all how to play 10pin by scoring 156. Di started the game with a turkey (3 strikes in a row), then in 7, 8 and 9 Di bowled a sparrow (3 consecutive spares). We were all thrilled for Di as she hadn't been able to bowl since July 2023.



Come and join us for a fun morning, 4th Tuesday in the month, at Logan City Tenpin lanes at Woodridge. Friendly people and the coffee is good too!

Beginners welcome.

Sybil.

## COFFEE & CHAT 10am

**First Tuesday of the month**  
**Springwood Park, Cinderella Drive**  
or  
**Café 63 if weather unsuitable for park**  
**Rose Ph 0417 606 234**



## Wednesday Walkers





## AUSTRALIA DAY PICNIC LUNCH

There was always the ominous threat that Cyclone Kirrily was going to upset the plans for January 25<sup>th</sup> in Tygum Park for the 25 Springwood Probians who attended. However, we ventured away from the comfort of our air-conditioned homes on this so very humid, yet sunny Thursday with pre-packed lunches, drinks, camping chairs etc. to celebrate Australia Day.

We were well set up though, and also very comfortable, under the shade of many "coolabah" trees, with refreshing cool breezes filtering through. Most of us wore some form of dress, hat or clothing - a tribute to the special day – splashes of red, white & blue to commemorate our national flag.

Rose thoughtfully brought along the lamingtons which were enjoyed as an entrée. Some members made use of the BBQ and the emanating odours did arouse our digestive juices.



Carla took the centre stage with excellent choices of Trivia questions. The winners were rewarded with a chocolate handed out by Rose.

Such a great day of fun, friendship & fellowship spanning over 4 hours was enjoyed by all in this great land down under.

Di/Rose







## **CELEBRATE CHINESE NEW YEAR DINE-OUT DINNER**

**THURSDAY 15<sup>TH</sup> FEBRUARY 2024**

**6.30PM**

**MICHAELS ORIENTAL**

**223 PADSTOW ROAD, EIGHT MILE PLAINS, 4113**

**CONTACT: DI - 0413531329**

## **FEBRUARY OUTING**



### **OLD GOVERNMENT HOUSE**

**2 George Street, Brisbane City.**

**Thursday 29<sup>th</sup> February**

**TOUR 10.30 am - 11.30 am**

**(limited numbers – 30 only)**

**12 Noon: Lunch at Govt House Café, at own expense.**

**Contact: ROSE Ph 0417 606 234**

## DINEOUTS – MARCH – BREAKFAST



### MORE CAFÉ

Springwood Mall Shopping Centre  
Shop 1/34 Fitzgerald Ave, Springwood 4127

**Thursday 28<sup>th</sup> March 2024**

**Time: 8.30am**

**OWN COST**

Contact: Di - 0413531329

## MARCH - OUTING

### ***MORNING MELODIES***

### ***ROCK N ROLL EXTRAVAGANZA***



### **WOONGOOLBA HALL**

Pimpama Island & District Community Centre,  
1226 Stapylton Jacobs Well Road.

**THURSDAY 21<sup>ST</sup> MARCH**

**TIME: 10.30AM – 2.00PM**

**TWO COURSE LUNCH \$25.00 ea – bar available**

**Direct Payment by Friday 15<sup>th</sup> March**

Bendigo Bank: Account Name: Probus Club of Springwood

BSB: 633 000 Account No: 178 031 910

**Payment Reference: MUSIC & name**



## Debby Snape

I was born in 1952 and grew up in Sydney NSW. I had one brother and we grew up in Narwee, which was a new area about 22kms southwest of Sydney CBD. We loved the beach and had lots of great camping holidays.

In 1968 my first job when I left school was as a Clerk in a Stock Brokers office in the middle of Sydney. It was only a 25 minute train trip and Sydney was a vibrant city. Sometime being on the "Floor" at the Stock Exchange was so exciting with all the yelling bidding for stocks. It was a time of boom or bust. The Sydney shops were fantastic seeing me spend most of my wages on Carnaby Street fashions while still living at home with my parents. Lots of fun times going to movies, dances and country drives with a car club we belonged to.



I moved out of home and started "flatting" when I was 18, many fun years sharing houses with a variety of interesting people. After about 4 years working for the Stock Broker, I decided to work closer to home and worked at a Film Studio as a Receptionist which was quite exciting seeing commercials and short films being made. Even filled in for models sometimes if they didn't show. I then changed direction again and became a Receptionist/Account Clerk for a group of Doctors, in a very busy General Practice.

I met my husband, David in 1968 when I was 16 and he was 17. We married in April 1973 and bought a home unit at Penshurst where we lived for 2 ½ years. We then bought a new house in a brand new suburb called Sherwood Hills/Bradbury in Campbelltown, where we lived for 23 years. It was a lovely leafy suburb.

We had two children, Nathan was born in 1978 and Rachel was born in 1980 in Camden Hospital. Happy years doing playgroup, tennis and then school activities including dancing, band, Scouts, Girl Guides and yearly holidays to the beach or the mountains. We were inaugural members of the Bradbury Lions Club where we did lots for the community and had a great social life with them for 28 years. We enjoyed line dancing for many years with wonderful people with so much social fun which took us far and near and kept us fit. I went back to work at a different Doctor's Surgery close to home when the kids started school, part time until about 1993 when I started working for a Specialist Rheumatologist with visiting ENT Surgeon, Neurologist and Neurosurgeon as a Receptionist/Dictaphone typist. I stayed with that group for 14 years.

I also took on a second job as a side hustle in 2004 as an ENJO Consultant, doing in-home demonstrations of how to eliminate chemical cleaners. This microfibre technology is amazing and I did so well with all the business training they provided, that I left my day job to concentrate on my ENJO career. I was inspired to do well by the chance of earning free international travel. I qualified for about 12 international holidays with my ENJO family travelling all over the world for about 12 years. I am still a Consultant, but semi retired. I have used ENJO Fibres and water exclusively to clean my home, car and myself for the last 20 years and will never use harmful chemicals. David and I also did yearly overseas trips for a while.

Tragedy struck us in 1997 when our beautiful 18 year old son, Nathan, was taken from us. He was an apprentice, living at home with us, when on the evening of 12<sup>th</sup> March 1997 we went to visit 2 of his former school friends who were renting a house in the next suburb. They were to have take away dinner and play the play-station. Four armed men broke in to rob the house and they viciously murdered him, shooting him through the head. Our whole world was shattered. I won't go into too much detail but our lives changed forever. We had 4 years going through the court system, 40 odd appearances in local courts and two trials in Supreme Court in Sydney. The co-accused served short gaol sentences and the shooter got off because of insufficient evidence. He was gaoled latter for having a drug lab. Our daughter, Rachel was 16 at the time and was very badly affected.

After much struggle, years of counselling and learning many healing strategies we are in a good place now appreciating the years we had with Nathan. We moved house a year after to Mount Annan in Camden. Rachel moved to Queensland in 2001 for 3 years and then returned to us in 2004. With her husband, Leigh, she had Lilly in 2006 and Rebecca in 2008. They were lovely years with little grand babies. They again moved to Queensland in 2015 and I visited them very regularly.

## Debby Snape (continued)

David finally retired in 2018 after working at the same firm for 51 years. He started in 1967 as an apprentice Motor Mechanic with the NRMA in Pyrmont Sydney and progressed through the ranks holding many different positions including Vehicle Inspector writing long, detailed reports on vehicles and being an Expert Witness in some court cases about motor vehicles. He has even spoken on talk-back radio shows about cars. When he moved to Head Office in Sydney CBD he was in the Veteran, Vintage and Classic Car Department, being their Head Underwriter. He travelled quite a lot to various car shows and clubs.

In 2018 we moved to Queensland to be close to Rachel and the girls. We bought a beautiful place on an acre of land at Tanah Merah. It was a tropical paradise. We joined the Springwood Probus club to make friends and have enjoyed that.

Tragedy again in October 2020 when David was cleaning the gutters of our Tanah Merah house and fell off the roof. He suffered 38 broken bones and a head injury. He was in Princess Alexander hospital for about 2 months on life support at first. Even though he fractured his spine in 15 places, luckily his spinal cord was not affected so he could be taught to walk again. He had a lot of memory loss and was re-taught all daily functions. He was then in rehab in Logan hospital for another month. After that we had therapists in the home every day. He is a miracle man to have survived and still has Speech Therapy, Physiotherapy and Occupational Therapy.

We moved from our Tanah Merah house as the upkeep of the grounds was then too much for us. We bought a house on a smaller block in Loganholme in 2021 and then when my mother came to live with us that year we moved again to the house we are in now in 2022. It was more suitable to the wheelchair for Mum. Sadly, Mum passed away in August last year. My health has suffered over the last several years and our daughter, Rachel has been our saviour, looking after us all.

Joining Loganholme Probus has introduced us to more lovely friends.

Looking forward to a more settled life now.

**The older I get the tighter companies are putting the lids on jars**



### **How "Middle-Aged" Are You?** (Score 1 point for each statement that fits) By I Might Be Funny

1. You can't sleep past 9:00am. © I Might Be Funny
2. You can't start a movie past 9:00pm.
3. You call your children for tech support.
4. You used to fix typos with Wite-Out.
5. You've called a 30-year-old a "kid".
6. You swap ailment stories with your friends.
7. You're on Facebook, but not Snapchat.
8. You write appointments on a paper calendar.
9. You're not quite sure how you got that bruise.
10. You gain weight just by being near food.
11. You go into the bank to make a deposit.
12. You've dialed a rotary phone. © I Might Be Funny
13. You don't know what a VSCO girl is.
14. You still have a landline.
15. You can't find your glasses...that are sitting on top of your head.

**Nobody told me that when you get a husband the ears are sold separately.**

**One big difference between men and women is that if a woman says "Smell this", it usually smells nice.**



This newsletter is compiled and edited from information and stories supplied by members of Springwood Probus Club. Handwritten profiles or stories are acceptable if you don't have easy access to a computer, tablet or internet.

Please send information for the newsletter via email, text or any other means to Madonna Ryan, Ph: 0422 546 062.

Email: madonnasocial20@gmail.com.

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