

Probus Club of Springwood Inc.
ABN: 13 846 161 696

P.O. Box 414, Springwood Qld 4127

Club Registration No. 56317
Sponsored 29/11/2001 by:
The Rotary Club of Loganholme Inc.



NEWSLETTER

Issue No: 258 January 2024

NEXT CLUB MEETING: 10.00 am. Thursday, 11th January 2024

SDA Youth Hall, 121 Barbaralla Drive, Springwood

COMMITTEE MEMBERS FOR 2023-2024

President: Lorraine Mason 0409 980 661

Secretary: Barry Smith 0418 884 742

Treasurer: Allan Johnson 0400 110 242

Newsletter: Madonna Ryan 0422 546 062

Guest Speakers: Mervyn Richens 0420 373 162

Dine Outs: Di Thomas 0413 531 329

Outings: Rose Johnson 0417 606 234

Membership: Di Walker 0402 090 094

Club Services: Lorraine Williams 0421 410 182

Welfare: Roni Harvey 0432 862 105

Past President: Alicia Cook 0413 307 050

If unable to attend please phone your apology to Lorraine Williams (0421 410 182) before the meeting

PRESIDENT'S MESSAGE – JANUARY 2024

Well Christmas and 2023 is now done and dusted and a new year begins!

The Christmas Party at Fitzy's was a great success, and I personally want to thank Di Thomas and Rose Johnson for all their hard work behind the scenes. The food was the best we have ever had at this venue and there was plenty of it. Some of us even got to take home some left over desserts.

I saw the New Year in watching the Sydney fireworks on the Harbour Bridge and toasting 2024 with a glass of champagne. How many of you made New Year Resolutions? – the majority of people usually break them within the first couple of months. I like to think of them as "Lifestyle Changes". Whatever your plans for 2024 are, on behalf of your Management Committee, I wish you a Probus year full of friendship, happiness, and good health. Make the most of what your Club has to offer – remember, you only benefit from what you put in.

Your current Management Committee will be working hard for you up to the AGM, and members who are able, need to consider nominating for a position for the 2024-2025 year.

The weather world wide in 2023 has shown the extremes of nature – heat wave in Australia with the town of Marble Bar in WA clocking up 51 degrees Celsius, cyclones in Australia and New Zealand, earthquake in Japan, freezing temperatures in the US and Europe, hurricanes in the US and Mexico, and fires in Hawaii and Canada to name but a few.

However, we are resilient and whatever 2024 brings for us worldwide and in our local communities, we will be able to handle with the support of each other. Take care of yourselves and your loved ones and have a wonderful year.

Lorraine Mason



NOMINATIONS FOR THE MANAGEMENT COMMITTEE FOR 2024 - 2025

Management Committee positions for the 2024-2025 year are now open. There are a number of positions to be filled and I encourage you all to consider nominating for one of these.

All you need is the desire to give back to the Club that you have benefitted from, a willingness to share your knowledge, ideas and experience, a co-operative attitude, and a little bit of time.

The benefit for you is pride and satisfaction knowing that you have helped fellow retirees to stay engaged and connected in your Club, and that you have helped promote our motto of "Fellowship, Friendship and Fun". The responsibility of a Management Committee role builds confidence and you have the opportunity to share your ideas, knowledge and experience with fellow members. It can be very rewarding working behind the scenes to make our Club run smoothly. A Committee that works well as a team will grow as a team.

Current Committee members will be happy to provide guidance and advice. If you need any further information about any of the positions, please speak to either myself or a Management Committee member. A description of each role can be provided. There is an old saying "Many hands make light work", so please put up your hand and nominate.

Nomination forms can be obtained from our Secretary, Barry Smith.

Lorraine Mason

Future Guest Speakers:

January: Stan Perkins (and wife Wilma), Honorary Life President, World Masters Athletics

The 1994 World Masters Games held in Brisbane took me back to a wonderful time in my working life that for many years was in Sport Management. Unlike the great Championships that are on our television screens currently, 1994 was the resurrection of a great idea that had already failed despite the possibilities it had promised. Brisbane City and the Queensland Government combined with the sporting organisations, administrations, officials and the business community to create an outcome that was way beyond expectations and ignited a growth in World participation in Masters Sport that has continued year by year. Athletics is still probably the best organised and highest participant masters sport on a world level.

February: Fiona Muller: Flood Recovery and Disaster Preparation and Management

Fiona Muller has a Bachelor in Social Science majoring in Counselling and has worked at Kingston East Neighbourhood Group since 2017 in various roles such as the Counsellor, Facilitated the Older Persons Action Program and has now been funded to work in both Flood Recovery and The Older Persons Flood Alliance.

These roles have been funded by both State and Federal Governments. The aim is to help those that have been flooded from the 2022 Floods in their recovery and to increase the self-efficacy of Seniors, in order to ensure they are educated, prepared and have an actionable plan, in the event of another flood, and contribute to a healthier, stronger and more inclusive senior community in Logan.

Her work also includes preparation for any disaster, including fires and what you should have stored in the cloud or on a USB Thumb Drive.



Birthday Greetings for January

07 Sue Abbott	07 Raghbir Kalsi
07 Debbie Snape	11 Madonna Ryan
14 Gail Stempin	16 Adele Steenland
26 Margaret Sullivan	26 Glenda Robinson
30 Jeffrey Beach (80)	31 Robert George
31 Magnus Bjornsson	

Your Club Calendar Outings and Activities

Date	Activity	Venue	Time
Thur 11 th Jan	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
	No Craft Group in January	Joan Bamforth Ph: 0416 076 276	
Tues 23rd Jan	Ten Pin Bowling	Logan City Tenpin, 17 Wembley Rd, Bob Pareezer, Phone: 0499 559 281.	9:45am to 12:00noon
Thur 25 th Jan	Australia Day Picnic	Tygum Park, Waterford West	11:00am
Tues 6 th Feb	Coffee and Chat	Springwood Park, Cinderella Dr, Springwood	10:00am
Thur 8 th Feb	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
Every Wed	Walking Group (Raghbir Kalsi)	Daisy Hill Forest, Top Carpark	8:30am
Every Mon, Tues and Friday	Beginners Walking Group (Kevin Woodward)	Underwood Park Front. Call Kevin Ph: 0458 513 880	
Every Tues	Trivia Night	Lions @ Springwood. Bill French Ph: 0414 380 820 & leave a message.	7:00pm

I don't care what you earn, where you live, what you drive, whether you're fat or thin, tall or short, poor or rich, beautiful or average, smart or not.



If you're my FRIEND, you're my FRIEND.
I accept you for who you are
and that's all that matters!

Some of your life's best days haven't even happened yet.
You have not seen it all.
You have not felt it all.
There are more people (and dogs) for you to meet, places to see and "firsts" to experience.

FUTURE DINEOUTS AND OUTINGS

- | | | |
|---------------------------|-----------|--|
| 25 th Jan 2024 | Lunch | Australia Day Picnic, Tygum Park, Waterford West
Time: 11:00am
BYO Food, Drinks, Chairs etc.
* * * * * |
| 15 th Feb | Dinner | Celebrate Chinese New Year Dineout
Michaels Oriental , 223 Padstow Road, Eight Mile Plains
Time: 6:30pm
Own cost
* * * * * |
| 29 th Feb | Outing | Old Government House , 2 George St, Brisbane City
Tour time: 10:30am to 11:30am
(limited numbers - 30 only)
Lunch Government House Café on site.
Time: 12noon
Own cost
* * * * * |
| 21 st Mar | Breakfast | More Café , Springwood Mall Shopping Centre
Time: 8:30am
Own cost
* * * * * |

ATTENTION !! When doing bank transfers, please identify yourself and the payment as requested.

IMPORTANT NOTICE TO MEMBERS

As a matter of courtesy, apologies need to be given to Lorraine Williams (0421 410 182), Club Services if unable to attend monthly meetings.

If feeling unwell, please do not attend the monthly meetings or other Probus functions.

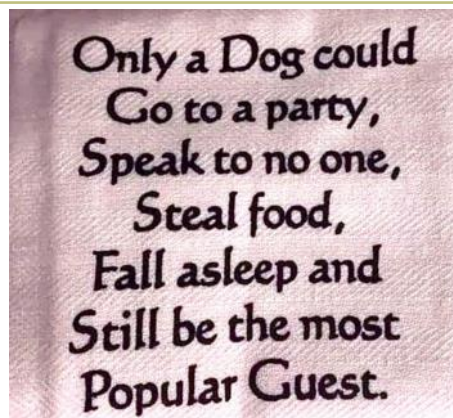
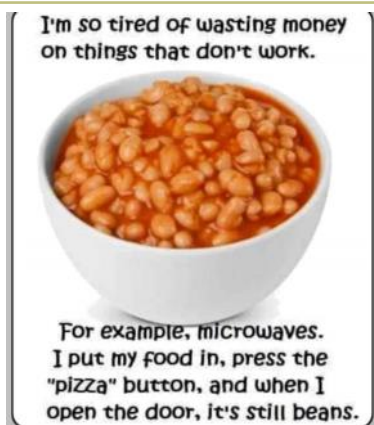
Members are reminded that it is a constitution requirement to attend a minimum of **50% of meetings per annum.**

Unfortunately, **no refund** shall be given for any **pre paid events** once holding deposits are paid.

All online payments now to BENDIGO BANK BSB: 633 000 Account number : 178 031 910

Account Name: Probus Club of Springwood

Please use the reference provided to help Allan identify what you are paying for!



TENPIN BOWLING REPORT

We had 9 members plus 2 visitors enjoy another great fun morning of bowling at the wonderful Logan Ten Pin on 28th November.

Our 2 visitors were Brenda and Desley from Park Ridge Probus Club who came along to observe as they intend to start a bowling group at their own club. They were both good bowlers and had the two best scores for the day of 159 and 131.

There is plenty of room for any member wanting to give it a try. We have a lot of fun at a great venue.

Cost is \$14.30 for 2 games including shoe hire.



Next bowling day is Tuesday 23rd January at 10am.

Bob

COFFEE & CHAT 10am

First Tuesday of the month
Springwood Park, Cinderella Drive
or
Café 63 if weather unsuitable for park
Rose Ph 0417 606 234



Brisbane City River night walk with some Probus members and some Daisy Hill walkers on Thursday, 28 December 2023.

SRINGWOOD PROBUS CHRISTMAS LUNCH - 2023

Our Springwood Probud Club celebrated the annual Xmas Buffet Lunch at Fitzzy's Loganholme on December 14th. It was attended by 70 members & guests who all seemed to enjoy the ambience & comfort of the Waterford Room.

After the 'signing in' process and members finding a suitable table, the event began with our President Lorraine's welcome, which included the birthday announcements for December.

Rose & I then proceeded to draw the 20 Lucky Door winners. We do hope there were smiles on faces when the prizes were opened for Xmas Day! Congratulations to all the lucky winners.

Lachlan Wallace entertained in the background with his popular Christmas songs while we "tucked into" our thoroughly enjoyable lunch. Carla joined Lachlan for an Aussie Xmas song – hoorah, wasn't it fabulous! Then Allan too gave us a taste of his singing prowess! As in previous years, Merv's slideshow was entertaining & brought back many happy memories of events throughout the year demonstrating that the Probud spirit is alive & thriving.

Lorraine officially closed our function by thanking everyone who helped make the day such a great success. It was good to see some members staying to have coffee and fellowship with others.

Di & Rose



XMAS LUNCH

Jingle all the way? Mmm!

Yes we celebrated Christmas in the best Probus way possible.

Good food, laughter and music. (Maybe one day there will be dancing too.)



A large number rocked up at Fitzys and partook of a mouth watering feast accompanied by the golden voice of Lachlan Wallace. I loved his music didn't you?

The lucky door prizes were drawn and won by some very happy members. Aah such a great way to finish the year 2023 isn't it?

One probian made a bit of a fool of herself by challenging Lachlan to sing the Aussie version of Jingle Bells and she proceeded to do just that. I mean we don't have snow, open fires, reindeer drawing sleighs and so on.



WE GO TO THE BEACH, EAT COLD HAM AND SALAD AND SO ON. DON'T WE?

To be fair after Federation, Australians decorated their homes with the well known Christmas bush, the wattle and flowering eucalyptus. Perfect for this hot country don't you think?

Then in the late 30's the Yanks bombarded us with artificial decorations such as tinsel and their classic food - the turkey - when we had the perfectly good chook.

What about that fast food company invention - yep that jolly man in the red suit - SANTA- as you can tell I have strong feelings about this, coming from a European background.

Ah don't mind me because I enjoy all the trappings of Christmas as much as everyone else. I hope you all had a great day with family, turkey and Santa.

Carla. P.S. Committee once again you pulled it off perfectly!



A Probian Bus Trip.

We went on a bus trip.
We Probians love a bus trip
The Ginger Factory was our destination
Where we partook of a -

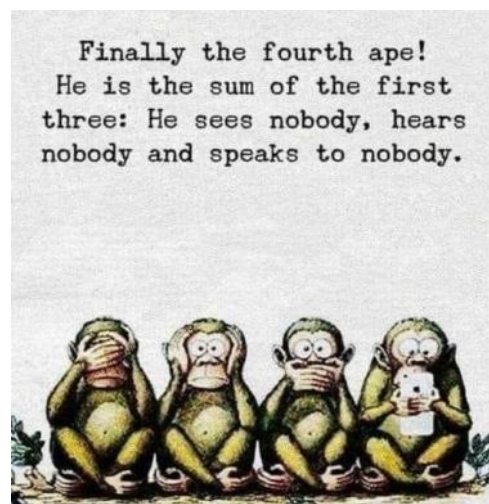
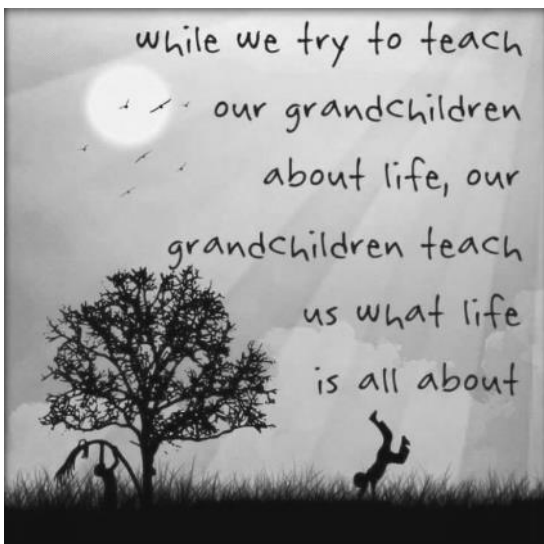
- * great lunch of freshly made sandwiches
- * a rickety train ride
- * a stroll through the gift shop
(Yep I should have stayed out of there)
- * stickybeaking in the quaint little shops
- * and so on.

Then a snooze on the bus on the way home
A pretty good day I would say.



But wait a minute - on the way there we stopped at a park.
In Caboolture for, of course, morning tea!
A bliss! The ladies excelled once again with Fresh baked slices, fruit cake, biscuits, etc.
As Diane would say "treats to die for"
So so so yummy!
Please girls don't ever give up home baking.
You certainly made my day.

Carla.
P.S. I finished my day off with an ice cream, what about you?



At this point, I've ordered so much stuff that I don't even know what's happening anymore.
If Amazon shows up with a goat tomorrow, it is what it is.

I DON'T CALL THEM NEW YEAR'S RESOLUTIONS.

I PREFER THE TERM: CASUAL PROMISE TO MYSELF THAT I AM UNDER NO LEGAL OBLIGATION TO FULFILL.

OUTING & DINEOUT COMBINED - JANUARY



AUSTRALIA DAY PICNIC

Thursday, 25th January, 2024

11.00am

TYGUM PARK, Waterford West

Bring your own picnic, chairs, tables and games

Enjoy

Fun & fellowship with our Members

Contact: Di Thomas - 0413 531 329 and Rose Johnson 0417 606 234



Beenleigh
Logan
Loganholme

Celebrate Australia Day on Friday 26th January 2024, by enjoying some free Lamingtons and Coffee, or cool drinks provided by City of Logan Rotary Clubs.

Time: 9.30 to 11.30am

Where:

Loganholme Rotary: Alexander Clarke Park

Beenleigh Rotary: Doug Larsen Park, Logan Road, Beenleigh.

Logan Rotary: Springwood Park

A great way to help your grand children to celebrate Australia Day.

This event is assisted by the Australian Government through the National Australia Day Council



CELEBRATE CHINESE NEW YEAR DINE-OUT DINNER

THURSDAY 15TH FEBRUARY 2024

6.30PM

MICHAELS ORIENTAL

223 PADSTOW ROAD, EIGHT MILE PLAINS, 4113

CONTACT: DI - 0413531329

FEBRUARY OUTING



OLD GOVERNMENT HOUSE

2 George Street, Brisbane City.

Thursday 29th February

TOUR 10.30 am - 11.30 am

(limited numbers – 30 only)

12 Noon: Lunch at Govt House Café, at own expense.

Contact: ROSE Ph 0417 606 234

DINEOUTS – MARCH – BREAKFAST



MORE CAFÉ

Springwood Mall Shopping Centre

Shop 1/34 Fitzgerald Ave, Springwood 4127

Thursday 21st March 2024

Time: 8.30am

OWN COST

Contact: Di - 0413531329



Walking on Wednesday 6th Dec 2023.

With Daisy Hill Forest being closed for burning off, some of the walking group went to Mt Gravatt lookout, walking under the M1 towards Griffith university and back up again with a coffee for a reward.

Cheers

Barry Cook



You know it's HOT In Australia when....



1. The best carpark is determined by shade, not distance.
2. Hot water comes out of both taps.
3. You learn that a seat belt buckle makes a good branding iron.
4. The temp drops below 32 degrees C and you feel chilly.
5. You learn it only takes 2 fingers to steer a car.
6. You can sunburn through the windscreen of a car.
7. You develop a fear of door handles.
8. You break into a sweat at 7am.
9. Your biggest bicycle fear is "what if I get knocked out and end up cooking on the road".
10. You realise asphalt is a liquid state.
11. Formers are feeding chickens ice to prevent hard boiled eggs.
12. The trees are whistling for dogs.
13. Shopping Centres are temples where you worship air conditioning.
14. Sticking your head in freezers is considered normal.
15. a cup full of ice is considered a great snack.
16. A blackout is life threatening because the air con and fans stop working.
17. You keep everything in the fridge, including clothing.
18. The effort of towelling yourself off after a shower means you need another shower right away.
19. You worry the ceiling fan is spinning so fast it will fly off and kill you.
20. You laugh because this list is so accurate.



Things my Mother Taught Me
Appreciate a job well done: "If you're going to kill each other, do it outside. I just finished cleaning the floor"

Religion: "You better pray that will come out of the carpet"

Time Travel: If you don't straighten up, I'll knock you into the middle of next week!"

Logic: "Because I said so, that's why"

More Logic: "If you fall off the swing and break your leg, don't come running to me"

Foresight: "Make sure you wear clean underwear, in case you're in an accident"

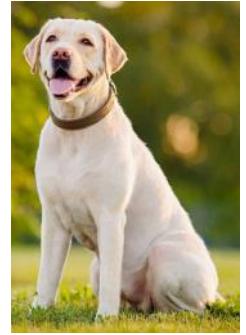
Irony: "Keep crying, and I'll give you something to cry about"

Osmosis: "Just shut your mouth and eat your dinner"

Contortion: "Will you look at that dirt on the back of your neck!"

HOW TO WALK A HUMAN

A Dogs Guide



Humans need exercise. If they don't get it they become "chubby".
Its up to you to save them.

1. Allow your human to tether themselves to you.
This keeps them from wondering off or running away.
2. Your human will probably need breaks.
Be considerate and stop and sniff often.
3. Bark frequently. Humans have short attention spans.
4. When you go to the bathroom, walk away. If you have trained your human correctly, they will pick it up.
Good aerobics.
5. Periodically drag your human as fast as you can.
This is called interval training.
6. Do not allow your human to shorten the walk. They are being lazy.
Sit in protest if you must.
7. Once you return home, allow your human to remove their tether, then lick their face many times.
This is positive reinforcement for a job well done.

Please please help! I'm having a problem with my car. I think the transmission is messed up. My car works fine during the daytime but won't drive at night at all.
I put it in "D" for daytime and I can go where I need to but at night time when I put it in "N" for night, it won't move.
To top it all off, the other day I was sitting at a red light and this guy next to me wanted to race. The light turned green, I slammed it into "R" for race, stomped on the gas and slammed into the car behind me.
Any help with this situation would be greatly appreciated..... Thank you 😊



This newsletter is compiled and edited from information and stories supplied by members of Springwood Probus Club.

Handwritten profiles or stories are acceptable if you don't have easy access to a computer, tablet or internet.

Please send information for the newsletter via email, text or any other means to
Madonna Ryan, Ph: 0422 546 062.
Email: madonnasocial20@gmail.com.

This newsletter has been printed by courtesy of the office of Mick de Brenni, MP for Springwood.