

Probus Club of Springwood Inc.
ABN: 13 846 161 696

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Club Registration No. 56317
Sponsored 29/11/2001 by:
The Rotary Club of Loganholme Inc.



NEWSLETTER

Issue No: 254 September, 2023

NEXT CLUB MEETING: 10.00 am. Thursday, 14th September, 2023

SDA Youth Hall, 121 Barbaralla Drive, Springwood

COMMITTEE MEMBERS FOR 2022-2023

President: Graham Liddle 0403 046 200
Secretary: Barry Smith 0418 884 742
Newsletter: Madonna Ryan 0422 546 062
Dine Outs: Di Thomas 0413 531 329
Membership: Di Walker 0402 090 094
Welfare: Roni Harvey 0432 862 105

Vice President: Lorraine Mason 0409 980 661
Treasurer: Allan Johnson 0400 110 242
Guest Speakers: Mervyn Richens 0420 373 162
Outings: Rose Johnson 0417 606 234
Club Services: Lorraine Williams 0421 410 182
Past President: Alicia Cook 0413 307 050

If unable to attend please phone your apology to Lorraine Williams (0421 410 182) before the meeting

PRESIDENT'S MESSAGE – SEPTEMBER 2023

September is the half-way point of my tenure in this position, and it's frightening how fast time flies. I hope you are enjoying Probus as much as I am. Looking back over the last few years, touch wood, we have been lucky not to have been affected too much by the COVID pandemic and this has been reflected in our attendances at all activities of the Club. Our Monthly meetings have averaged over 70 each month. An excellent example of this is the recent Bus Trip to Kingscliff where nearly half of all members were on the bus enjoying a great day exploring the countryside, followed by a lovely lunch. (Maybe two buses next time!!). This event was not an isolated occasion, as we have seen this over and over. Let's hope that we can continue this trend and that more members can become involved.



This month has already started with a bang with the SOD Off Winter dinner that was well attended with a delightful number of members in costumes of one description or another. This will be followed by a great Dineout Dinner at one of Friday Nighters favourite restaurants, and an Outing to Morning Melodies to enjoy some 'Crooners and Cocktails'. On top of that you have the regular monthly activities of Craft Group, Coffee and Chat, and Ten Pin Bowling, and not forgetting the weekly Walking Groups and Friday Night dinners. What a busy Club we have.

Next month is Seniors Month or more importantly Probus Month. Your Committee is planning something special for our monthly meeting and then quite a number are going away to Norfolk Island which will be terrific. Our Club won't be doing anything on the promotion side now that we have a full intake of members.

Once again, I ask you to consider paying all charges, including Monthly Meeting Fees by Direct Debit prior to the meeting or event. If you can, please give it a go, but don't forget to put your name and a reference, like "Aug Mtg - Liddle".

Wishing you all a happy and healthy month. All the best.

Graham

August Guest Speaker - Rebwar Mohamed

Rebwar was born in the Kurdistan Region of Iraq and his native language is Kurdish. He is also fluent in English, Arabic and Persian.

He started his presentation by introducing us to his family with photos, his wife Amina, and his two daughters aged 15 and 11. Rebwar showed us a photo of the Village where he was born and said that his father still lives there. Amina worked for the United Nations until December 2022. We also saw photos of where the family lives in both Summer and Winter – quite a contrast as it can get to minus 22 degrees in Winter.



In 1998/99, he moved to the United Kingdom and stayed there for 13 years. During that time, he studied for a Bachelor of Arts (BA) with Honors in International Relationship with English Language at the University of Westminster in 2013. The family has been back in Iraq for the last 10 years.

Prior to being awarded the Rotary Peace Fellowship, Rebwar was working for United Nations as a Field Associate in the Sulaymaniyah/Kurdistan Region of Iraq, supervising and monitoring non-food items and cash-based intervention to refugees. He is currently on leave without pay to study at the Uni of Qld, which he started in July 2022. He will return home to Iraq in December 2023. His wife and daughters have been living in Iraq while he has been in Australia (a difficult time for them all). The study has helped with Conflict Mediation, and building networks via his class at the Uni. He said the knowledge and experience he is gaining at the Uni of Qld will help him perform his duties in Iraq in a more efficient manner.

In Iraq he works with Humanitarian Agencies, and with people of diverse cultures and backgrounds. Assistance has been provided to refugees to set up greenhouses for the growing of strawberries, and for the refugees to contribute to the economy with other agricultural products. Medical assistance is also provided.

These Agencies believe that Refugees are not burdens on host countries. Rather they are assets which contribute to the local economy in many ways. Government funding is received for some utilities such as water, electricity as well as for police forces.

Some Refugees are asylum seekers, and don't want to return home due to fear for their lives. There are approximately 45 million displaced Refugees living in the areas of Northern Iraq, Turkey, Jordan and Lebanon.

Rebwar's presentation was very interesting, and judging by the number of questions at the end of the presentation, he had a captive audience.

Lorraine Mason.

Future Guest Speakers:

September: Raghbir Kalsi

Subject: What does a Probian do to get out of their comfort zone and daily routine?

We, Probiants, are generally happy to live with our daily routines and stay in our comfort zones.

This can sometimes become boring and monotonous. I will speak about what I have been doing during the past twelve months to break away from my comfort zone and monotony.

October: Harpreet Kalsi-Smith - The Kindness Company.

The Kindness Company is a social change collective that works with individuals and communities to build capacity to live well, age well and die well. We do this by collaborating with all sectors of society, including government, community and the private sector.

The philosophy of Kindness Company is centred on First Nations and Eastern understandings of the cyclical nature of life, that is birth, life, death and the connection between mind, body and spirit. All these aspects are related and integrated when it comes to living well, ageing well and dying well.

As a Western society, we have largely outsourced the responsibility and ability to care and support our elders. Alongside this, is the grief and loss individuals and society carry, but do not always know how to process and move through.

November: Bec Loquet - Empower Assistance Dogs:

This week we are running a Therapy Dog Handling course and we have to take our students out as part of the practical element of this course. As such we will be bringing with us a number of students who are learning how to handle a therapy dog at a therapy visit. This means that Tracey would only be able to do a small talk about what we do as an organisation and the majority of the time would be spent with our students making their way around the room allowing your Probus members to interact with our beautiful therapy dogs. I am not sure how many students will be there at this stage, but it is usually anywhere from 5-10 students.



Graham and Di welcome 3 new members, **Hilda Kingston, June Marsden and Sharon Rodie.**

Hilda Kingston's previous occupation was a Nurse and she enjoys walking, sewing, theatre and travel.

June Marsden's previous occupation was in DS Worker Disability Support and she enjoys Ten Pin Bowling.

Sharon Rodie's previous occupation was a Teacher and she enjoys Pilates, water aerobics and walking.

WEDNESDAY WALKERS



This happy group of people joined Pimpama Probus for a weekend away to Warwick and joined in the festivities of 20 years of the Jumpers and Jazz event.



Birthday Greetings for September

05 Rhonda Porteous
 13 Val Broady
 23 Kwai MacFarlane
 26 Merrill Trousdell
 28 Sheryn East

Your Club Calendar Outings and Activities

Date	Activity	Venue	Time
Tues 12 th Sept	Craft Group	Joan Bamforth Ph: 0416 076 276	9:30am
Thur 14 th Sept	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
Thur 21 st Sept	Crooners & Cocktails - Morning Melodies	Woongoolba Hall, 1226 Staplyton Jacobs Well Rd,	10:30am
Tues 26 th Sept	Ten Pin Bowling	Logan City Tenpin, 17 Wembley Rd, Bob Pareezer, Phone: 0499 559 281.	9:45am to 12:00noon
Thur 28 th Sept	Vietfood	Dennis Rd, Springwood	6:30pm
Tues 3 rd Oct	Coffee and Chat	Nielsen's Native Nursery, 51 Beenleigh Redland Bay Rd, Loganholme	10:00am
Tues 10 th Oct	Craft Group	Joan Bamforth Ph: 0416 076 276	9:30am
Thur 12 th Oct	Our Club Meeting	SDA Youth Hall, 121 Barbaralla Drive, Springwood	10:00am
Every Wed	Walking Group (Raghibir Kalsi)	Daisy Hill Forest, Carpark P2	9:00am
Every Mon, Tues and Friday	Beginners Walking Group (Kevin Woodward)	Netball Courts, Underwood Park. Kevin Ph: 0458 513 880	8:00am
Every Fri	Friday Night Dinners	Listed Below	
8 th Sept	Gateway of India	9 Murrajong Rd, Springwood	5:30pm
15 th Sept	More Café	Springwood Mall	5:30pm
22 nd Sept	VietFood	Dennis Road, Springwood	5:30pm
29 th Sept	Chatswood Tavern	Cnr Chatswood & Magellan St, Springwood	5:30pm
6 th Oct	Thai Daisy Hill	3/5 Cupania St, Daisy Hill	5:30pm

TRIVIA NIGHT - LIONS@SPRINGWOOD **Tuesday 7:00pm**

If you are interested in forming a team, RING **Bill French** Ph 0414 380 820 and leave a message. You can also speak to Bill at the meeting.

FRIDAY NIGHTERS

A great month in August for FNs with 61 attendees at More Café, VietFood, Chatswood Tavern, and ending at Woka Woka. FNs are a fabulous way to be able to spend more time getting to know other members and develop friendships. And what better way than over food and a glass of wine.

The September roster is:-

8 th September	Gateway of India
15 th September	More Café at Springwood Mall
22 th September	VietFood on Dennis Road
29 th September	Chatswood Tavern
6 th October	Thai Daisy Hill

We always welcome new members and guests, just let me know on 0403 046 200 or my email grahamjl@optusnet.com.au by no later than Wednesday lunch (12.00pm) so I can make the correct bookings.

Looking forward to seeing you there. Convenor: Graham



COFFEE & CHAT 10 AM

First Tuesday of the Month

NEILSENS NURSERY

**Beenleigh Redlands Bay Road,
LOGANHOLME**

I look forward to seeing you there.



Rose Ph 0417 606 234

TEN PIN BOWLING

Nine members turned up for another great fun morning of bowling on 22nd August at the Logan Tenpin.

Graham had his curveball working to perfection to register the best score of the day with a personal best of 125. Heather, Joan, Wayne and Bob also had scores over 100.

Any member wanting to give bowling a try would be most welcome - no standard required. Cost is \$14.30 for 2 games and includes shoe hire.

Next bowling day is Tuesday 26th September at 10 am.

Bob



BEACH HOUSE LOGANHOLME BREAKFAST

21 members & 1 guest gathered to enjoy breakfast at the Loganholme Beach-house on Thursday 17th August. It was a very relaxed and modern environment. We appreciated having it to ourselves for some of the time.

The perfect corner location of the restaurant allowed us all to be seated comfortably at 4 tables which encouraged circulation & chatter.

I noticed Di Walker had a solemn look on her face, while those around her were devouring their meals, but, finally her breakfast arrived, albeit it was the last one to leave the kitchen!!!



Di Thomas



Any man
can
be a *father*
but it takes
someone special
to be a Dad.

I'M RETIRED

I was tired yesterday
and I'm tired again today.

Nicknames for my colleagues in work

Wicket keeper - puts on gloves and stands back

Harvey Norman - 3 years no interest

Sensor Light - only works if someone walks past

Noodles - thinks all jobs take 2 minutes

Blister - appears when the hard work is done

Showbag - full of shit

Lantern - not very bright and has to be carried

Deck chair - always folds under pressure

Perth - 3 hours behind everyone else

Bushranger - holds everyone up

Wheelbarrow - only works when he's pushed

Limo - carries about 8 people

Cordless - charges all night but only works for 2 hours

Don't use a big word
when a singularly
unloquacious and
diminutive linguistic
expression will
satisfactorily
accomplish the
contemporary necessity.



OUTING TO KINGSCLIFF BEACH

A wonderful day was enjoyed by our members on our bus trip to Kingscliff Beach. We departed SDA at 8.30am, stopping at Coomera to collect Ted, Christine and Deidre.

We travelled through the hinterlands and Numinbah Valley. We stopped at Hinze Dam for morning tea and a delicious spread was enjoyed by everyone. Probian's are well known for their love of food! The water level of the dam is the lowest it has been in a long time.

On our drive we passed through some beautiful country, rainforests, rugged landscape and small villages to Murwillumbah. We were attended to very quickly on our arrival at the Kingscliff Bowls club for lunch, allowing time for a wander along the beach and shops. Some members had success with their purchases.



Henry our driver entertained us with trivia and as usual there was much chatter and laughter on our return journey.

We arrived back at SDA at 4.30 pm weary from a great day out with friends.
ROSE



Happy Travelling

We're retired, right?

Have all day to potter around? Wrong!!

We're more active than ever, always at our family's beck and call.

So Thursday's surprise bus trip made for a fabulously relaxing day.

We travelled through the quiet country side and tiny towns; even the normally busy highway was smooth flowing.

*walking across the Hinze Dam

*sampling a plethora of yummy morning tea goodies

*chatting with friends at the Bowls club whilst devouring a great lunch

*strolling along the esplanade at Kingscliff

*ducking into a fashion store and admiring everyone's choice of outfit, amid suggestions and giggles.

*saving the day for the grateful store owner with our purchases

*laughing at the bus driver's jokes as he tried to trick us with trivia questions

A great unwinding day for sure.

Aah and I mustn't forget - the lonely car driver who felt the urgent need to pee at the roadside (brings back memories of long ago - doesn't it?)

Great trip Rose, we must do it again sometime. Carla.



SOD OFF WINTER I say!

The only thing is, what winter? Did we really have one?

Yep it's that time of year again, and on a perfect night a bunch of Probians rocked up at Graham Liddle's abode. Warmly dressed (carrying extra coats) only to realise that we didn't need to. It was particularly warm for this time of the year.

We humans can do just about everything but predict the weather, right?

As the food on offer was both Indian and western, some of us decided to dress to suit.

You know, just lending a little ambience to the occasion.

We were a colourful lot with a mood to match.

Looking every bit like a Maharajah, Graham and his family led the way and dressed traditionally. Raghbir and others followed suit with Bill wearing a sarong and fez.

Delicious dishes of meat and vegetables were accompanied with fluffy white rice.

Happily devoured with a little glass of everyone's favourite drop.

Our sweet tooth was tempted and spoiled with Indian sweetmeats and of course no meal is complete without a great big Pav.

An interesting few hours was spent with likeminded friends.

Raghbir and the Liddles definitely deserved their applause at the end of this feast.

A pity winter only comes once a year.
Carla.



FUTURE DINEOUTS AND OUTINGS

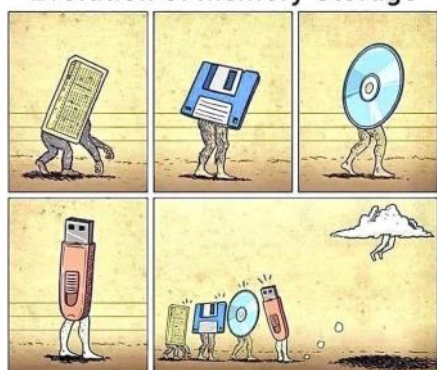
- | | | |
|-----------------------|--------|---|
| 21st Sept | Outing | Crooners and Cocktails, Woongoolba Hall,
1226 Staplyton Jacobs Well Rd
Time 10:30am
Cost \$25.00 show includes lunch
Direct payment into bank - ref. Crooners + (name) ??
* * * * * |
| 28 th Sept | Dinner | Vietfood, Dennis Rd, Springwood
Time: 6:30pm
Own cost
* * * * * |
| 19 th Oct | Lunch | Club Southside, 76 Mt Gravatt Capalaba Rd, Upper Mt Gravatt
Time: 11:30am
Own cost
* * * * * |

SAVE THE DATE

- | | | |
|---------------|-------|--|
| 14th Dec 2023 | Lunch | SPRINGWOOD PROBUS XMAS PARTY 2023
VENUE: FITZYS' LOGANHOLME (WATERFORD ROOM)
More information in the future.
* * * * * |
|---------------|-------|--|

ATTENTION !! When doing bank transfers, please identify yourself and the payment.
 i.e. outing, your surname. Example - Kingscliff Ryan (for Bus trip)

Evolution of Memory Storage



IMPORTANT NOTICE TO MEMBERS

As a matter of courtesy, **apologies** need to be given to **Club Services** if unable to attend monthly meetings.
 If feeling unwell, please do not attend the monthly meetings or other Probus functions.
 Members are reminded that it is a constitution requirement to attend a minimum of **50% of meetings per annum**.
 Unfortunately, **no refund** shall be given for any **pre paid events** once holding deposits are paid.

All online payments now to BENDIGO BANK BSB: 633 000 Account number : 178 031 910

Account Name: Probus Club of Springwood
Please use the reference provided to help Allan identify what you are paying for!

THURSDAY 21st SEPTEMBER -- OUTING

Time: 10.30am to 2.00pm

**MORNING MELODIES MUSIC HALL CONCERT
TWO COURSE LUNCH \$25.00 per head -
bar available**

Direct Payment by Friday, 14th September
Bendigo Bank: Account Name: Probus Club Of Springwood Inc
BSB: 633 000 Account No: 178 031 910
Payment Reference: MUSIC along with your name.



Wayne and Marie will entertain us with all their favourite tunes - Musical Bingo - prizes for winners – should be a great fun outing.

WOONGOOLBA HALL

Pimpama Island & District Community Centre
1226 Stapylton Jacobs Well Road



The Historical Hall is set in the cane fields halfway between Brisbane and the Gold Coast.

**DINEOUTS – SEPTEMBER
DINNER**

VIETFOOD, SPRINGWOOD

3 Dennis Road, Springwood, Q. 4127

THURSDAY 28TH SEPTEMBER, 2023

Time: 6.30pm

Own cost

Contact: Di Thomas - 0413531329



**DINEOUTS – OCTOBER
LUNCH
CLUB SOUTHSIDE**



76 Mt Gravatt Capalaba Rd, Upper Mt Gravatt 4122

Thursday 19th October 2023

Time: 11:30am

OWN COST

Contact: Di Thomas - 0413531329

Share the Dignity – ‘It’s in The Bag’ - 2023

This year I am again collecting **good, clean, used handbags** for the ‘**Share the Dignity – It’s in The Bag**’ campaign. Share the Dignity is now in its 8th year and its main aim is to ensure that any woman or girl, who is in a domestic violence shelter over Christmas, receives the basic hygiene essentials such as sanitary items, soaps, toothpaste, shampoo, deodorant etc. The handbags are then filled with the much-appreciated donated items. Last year I was able to put together 77 filled handbags collected from various, kind people and dropped them off at Bunnings, when the collection date commenced.

Each bag donated will be filled with the **below-listed essentials**, so if people don’t have any bags to donate, they might like to just contribute one or two of the following items, depending on their personal circumstances. All items included in the bag must be new and in sealed packaging for health and safety reasons.

Sanitary items – in sealed bags or boxes only.

Shampoo

Conditioner

Toothpaste

Toothbrush – in packaging – no loose ones

Soap – in original wrapping – no loose,
unwrapped soaps

Body wash

Roll On Deodorant – no aerosols



If people wish to, they can also add some luxury item/s to make someone in need, feel special at Christmas time e.g. water bottle, scrunchies, hairbrush, skin care - the choice is yours. They may even add a personal Christmas card, if they wish.

We only request that you don’t include any razor blades, sharp items e.g. scissors, pharmaceutical items, spray deodorants or food.

Please bring any donations to the Probus Meetings - on 12th October and 9th November 2023, for me to collect.

The bags and or items can also be dropped off at any Bunnings store between 17th to the 26th November, if people are wanting to drop it off themselves.

Further information can be found on their link below:-

<https://www.sharethedignity.org.au/itsinthebag>

Thanking you in advance for any donations,

Adele Steenland



This newsletter is compiled and edited from information and stories supplied by members of Springwood Probus Club. Handwritten profiles or stories are acceptable if you don’t have easy access to a computer, tablet or internet.

Please send information for the newsletter via email, text or any other means to

Madonna Ryan, Ph: 0422 546 062.

Email: madonnasocial20@gmail.com.

This newsletter has been printed courtesy of

MICK DE BRENNI^{MP}
Standing up for Springwood