



JUNE 2023

# NEWSLETTER

## Join Our Facebook Page

Want to learn about what's happening and stay in touch between meetings and events? **Join our Facebook group by clicking here!**

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## Message From The President

What a different week this has been – the haze, the smell of smoke, the scratchy eyes, the vague sense of unease. I made it a daily practice to look for joy in little things this week, to help shake off the pessimism these unsettling times bring out. Some of the things I found joy in:

- The rhubarb in my garden was ready for picking, so warm rhubarb crisp and ice cream for dessert! Yum!
- I heard from an old friend whom I have not seen in quite a while. We made plans to see each other this weekend and I am very excited.
- I read a heartwarming book this week that made me both smile and shed a tear.
- We came across a very large snapping turtle in our path while walking our dog beside a pond in our neighbourhood. He was content to check us out and pose for pictures, before lumbering back towards the pond. Not an encounter I would normally expect in urban Whitby!
- Our PROBUS Gardening group visited the peony gardens in Oshawa. The peonies were out in gorgeous bloom, and I got to sniff the flowers to my heart's content. The scent of peonies is my favourite flower scent, I think. Although, there are lilacs. And lilies of the valley. Hmmm...

May has been an active PROBUS month! You need only to look at the calendar in this newsletter or on our website to see all the activities going on. It is so exciting to see the Interest Groups springing up and our members meeting to enjoy their shared interests together. I myself went out with the Breweries and Craft Beer group this month and tasted a flight of local craft brews while learning about how they



are brewed. It was a great outing! If you haven't joined an Interest Group yet, peruse them on our website and see if there is one that catches your eye. You just need to contact the Group Leader and then join in on their fun!

Our newly acclaimed Management Team met this month and made plans for how we will organize ourselves over the next year. I feel so lucky to have these wonderfully talented and enthusiastic volunteers stepping forward to help run our club. I enjoy their company and their efforts are certainly appreciated.

**We still do not have a Secretary** on our team. In a nutshell, the Secretary creates the agendas for our meetings, and takes minutes at our Management Team meeting. If you have the skill and inclination to fill that role, please contact me. I promise that it is a rewarding role, does not require too much of your time, and you will have fun working with the rest of the Team. We are a friendly group!

Enjoy the rest of your month, and look for joy in the little things.

**Patti Mavins**

## Management Team - 2022-23

### President

Patti Mavins

### Past President

Tom Reed

### Vice President

Janet Good

### Treasurer

Frank Kelcey

### Secretary

Tricia Cadieux

### Social Committee

Judy Roebuck

Jackie Bathe

Carol McCarten

### Special Interest Groups

Catherine Frost

### Membership Chair

MaryAnne Bridge

### Website

### Membership

### Administrator

Paul Dionne

### Speaker Committee

Laurie Jones

Sylvia Hughes

### Webmaster/

### Archivist

Connie Nelson

### House Committee

Donna Elliot

Sue MacKinnon

### Communications

MaryAnne Bridge

### Members at Large

Pete Jones

### Newsletter Editor

Marek Warunkiewicz

## June General Meeting

**When** June 15, 2023  
10:00 AM - 12:00 PM  
**Location** Whitby Marina  
Clubhouse  
301 Watson Street W,  
Whitby

We meet the 3rd Thursday of each month, 10 a.m. at the Whitby Marina Clubhouse.

Here are the 2023 meeting dates.

1. June 15
2. July 20
3. August 17
4. September 21
5. October 19
6. November 16
7. December luncheon date will be determined closer to the day.

### What to bring to next meeting

- Bring a mug for coffee/tea
- Please wear your name tag



## June 15, 2023 Speaker: Leanne Harris

### Fairytales, Fables & Rhymes

## Photos from the May General Meeting



## Membership

### Welcome New Members:

We are delighted to welcome New Members: **Cathy Daigle, Cheryl MacDougall, and Mary Jane Monteith.**

### 1. A word about PARKING for the June 15th General Meeting:

- It's BOAT LAUNCH season! Please park your vehicle along the paved roadway as much as possible this month.
- If you do park in the gravel parking lots, please leave a name and contact number on your dashboard just in case your vehicle needs to move.

### Our Members Care

We've all been there. When someone's family member passes away, we want to be supportive and show understanding while always being mindful of their wishes for privacy. If you know of a member who has experienced a loss, you may send a message to [durhamcentralprobus@gmail.com](mailto:durhamcentralprobus@gmail.com).

### With Hearty Thanks

Sitting alone in the cool waiting room newly remodelled and swept with a broom.

New chairs for the patients with one stained already,  
hold on to your thoughts there are judges, "too many."

Whiling the time as we sit still and stay,  
obeying the rules; people want us to play.

The signs on the door and the walls give a warning,  
and boxes in corners are stacked and look boring.

The voice through one door sounds kind and affirming.

The receptionist's voice different, firm and determined.

She is quick, down to business, with no time to chat,  
the records her gospel we're thankful for that.

Our appointments confirmed now she's phoning re. plumbing,  
a force to be reckoned with, never heard humming.

Still waiting, heart pounding, the stress test is done.

Deep breathing the echo tests next. It's no fun.

The call has come out, there's a patient within.

This door seems quite sound the voice echoes, It's thin.

Through the opening door eyes meet with a grin.

He's tucking his shirt in and wants to get out,  
too late there's a witness to all he's about.

Now on the table it's your turn to move.  
slide down the gurney and fit into the groove.

The fan's air is blowing it's right in the face,  
the battle proceeds till a voice sets the pace.

With harsh paper towels wipe the "jelly stuff" off,  
congratulations in order you're not in the buff.

A brief conversation next appointment is set.

Five minutes to dress, we learned something new.

A surgeon's time's valuable but know that it's true  
of even more value dear patient it's you.

A grim smile from the dragon 'cause you wasted no time,

A look at your documents, health card in order.

Exchange of eye contact and rush for the border.



*L. Patricia Bayley.*



# Special Interest Groups

Thanks to all leaders who are planning weekly or monthly meetings for your group!

The seasonal activities for this time of year are going well. Please look at the pictures in the newsletter.

All groups seem to be active (with the exception of skiing) so please check the web site for more information.

**Hand and Foot card game** would like one more member and the Bridge Buddies can accommodate more participants.

You may join any group by signing up at the general meeting or contacting the leader.

**I would like to have some ideas for groups to start in the fall so now is the time to speak with me so I can prepare sign-up sheets to have available at the meeting.**

Enjoy your activities!

**Catherine**

## Special Interest Groups Calendar

JUNE / JULY 2023	SUN	MON	TUE	WED	THU	FRI	SAT
		Hand and Foot Card Game 1:00 p.m.	DC Wanderers Walking Group 10:00 a.m.  On Cloud Wine 7:00 p.m.  Pedal Power Cycling 10:00 a.m. Time depends on temperature		PROBUS - GENERAL MEMBERSHIP MEETING 10:00 a.m.  Pickleball/Court Jesters Radio Park 1:00 p.m.  Uncorked Wine Club 4:00-7:00 p.m.  9-Hole Golf 1:30 p.m.	Golf (18 Holes) Ball Whackers Pickering Glen at 11:30 a.m.	Art Appreciation 6:00 p.m. Artists in the Garden
	11	12	13	14	15	16	17
		Chick Lits 2:00 p.m.	Mahjong Marvels 1:30 - 3:30 p.m. at MaryAnne Bridge's house		Breakfast Group 9:30 a.m.  Craft Brewery Samplers All or Nothing Brewery Likely 1:00 p.m.  9-Hole Golf Morning	Golf (18 Holes) Ball Whackers Quarry Golf Club in Ennismore at 10:10 a.m.	
	18	19	20	21	22	23	24
		Monday Movie Group Landmark Cinemas  PROBUS Paddlers 10:00 a.m. - noon		Golf (18 Holes) Ball Whackers Ballantrae Golf Club at 11:08 a.m.  Fibre Friends 1:30 p.m. at Jill's	9-Hole Golf Morning		
25	26	27	28	29	30		1
	PROBUS Paddlers 10:00 a.m. - noon			9-Hole Golf Morning	Golf (18 Holes) Ball Whackers Baxter Creek at 10:30 a.m.		
2	3	4	5	6	7		8
	Hand and Foot Card Game 1:00 p.m.	On Cloud Wine 7:00 p.m.		9-Hole Golf Morning			
9	10	11	12	13	14		15

## Fibre Friends



FIBRE FRIENDS are looking forward to a potluck lunch of appetizers and desserts on June 28th at Jill's. **Members are reminded that we will begin at 12 noon, instead of our usual 1:30 p.m.**

The group has decided to take a break over the summer and will reconvene in September to share more crafting ideas, great stories and laughs.

Fibre Friends love nothing better than to use their talents to give to others... gifts for family and friends and donations to those in need through many local charitable organizations. This sweet little sweater was knit by a member of the group, Jill Snape, and kindly donated for a special little girl soon to be welcomed into the world.



## Art Appreciation Group

Here are details for the next immediate event.



### 2023 Garden Tour Ticket

Tickets are \$20 in advance or \$25 at the Garden Gate.

The 2023 Artists in the Garden Tour consists of gardens throughout the Region of Durham.

**Tickets can be purchased at the garden gates, a listing of gardens will be found on the [Garden Tour Event](#) page shortly before the event.**

### Ticket ~ Online Purchase

Tickets are available to be purchased online at [Hearth Place](#). Tickets can be mailed to you up until Thursday, June

## PROBUS Pedal Power [Cycling] Group



**May 16th Ride along the Waterfront Front Trail at Caruthers Creek pavilion on our way to Liverpool. Cool ride with a stiff and gusty headwind from the west.**

With May, we finally got some decent weather and had some great rides! So far, the forecast for June is for even better weather.

Thank you to Laurie Jones and Lewis Williams for filling in for me and introducing the group to a few new routes, including the one pictured here east of Newcastle (May 30).

**John Patté**



## Book Club – “The Chicklits”

In May we met to discuss “**Furiously Happy**” by Jenny Lawson. Although our group had mixed reviews on the book itself, the theme of mental illness gave us plenty of fodder for some really great discussion. That is the great thing about book clubs – the discussion about it is sometimes just as, if not more, enjoyable than the book!

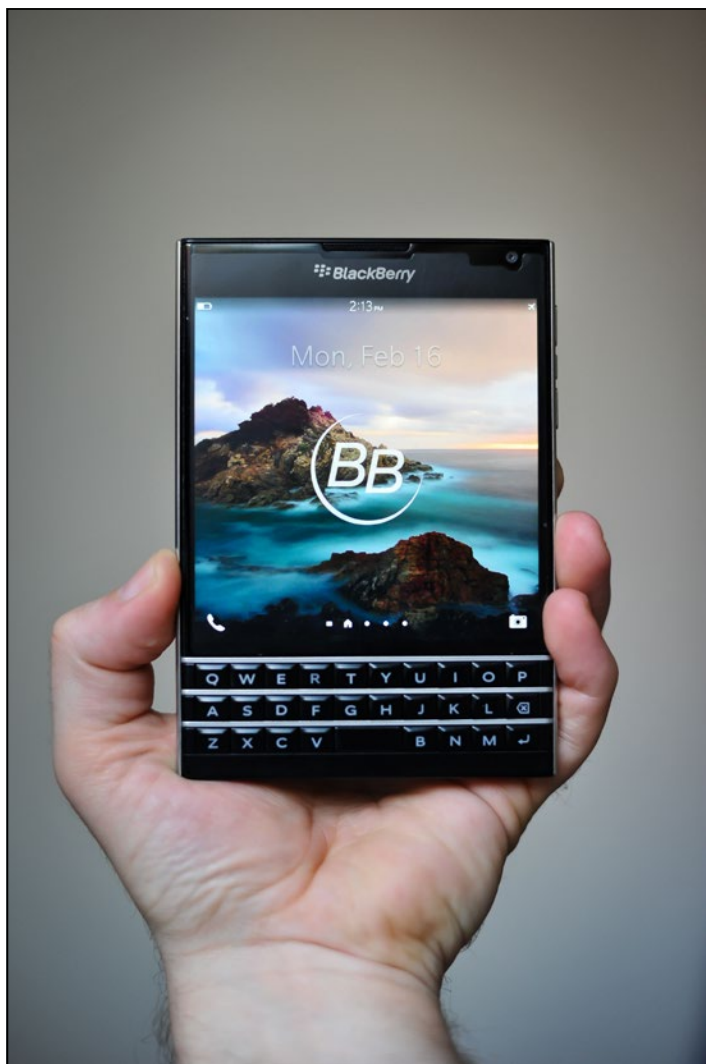
Our next book is “**The Storied Life of A.J. Fikry**” by Gabrielle Zevin. A.J. Fikry is an irascible owner of a floundering bookstore who is succumbing to grief from his wife's sudden death. He gruffly rejects all overtures of help from any of the kindly characters who live in his island neighbourhood. Until one day, he is left an unusual package on his doorstep and his life changes forever...

Next meeting will be held on Monday, June 19, 2 p.m.

[Patti Mavins.](#)



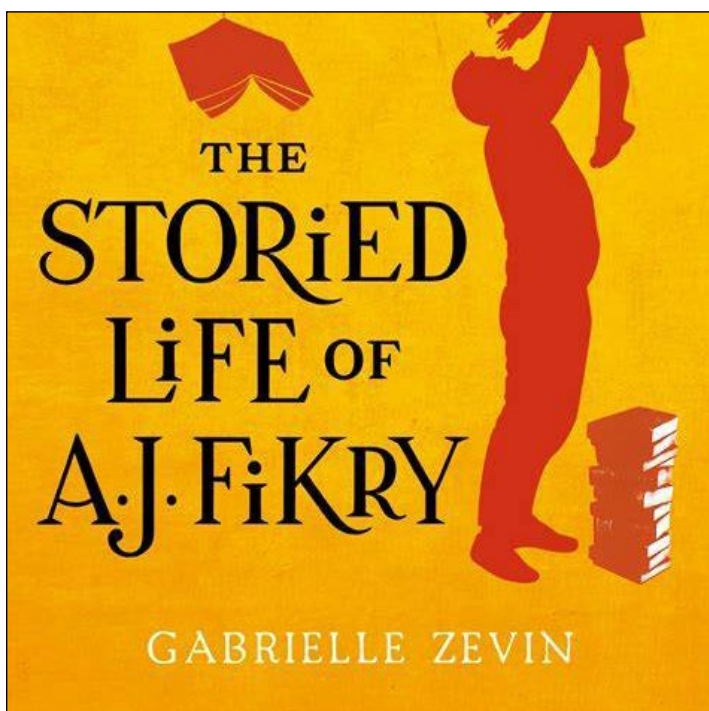
## Monday Movie Group



A small group viewed “**BlackBerry**” on May 29th at Landmark theatres. Strong performances and compelling storytelling helped to reveal the significant Canadian connection to the rise of cell phones. Many of us have had BlackBerry phones, but not all of us know the back story of the Waterloo company that changed the world. This film is highly recommended!

On **June 26**, another movie will be seen at Landmark. Due to the last minute nature of film releases, the specific movie has not yet been chosen. Watch your email for information.

July is blockbusters month and the latest installment of **Mission Impossible** will be available. Looking forward to seeing you at that one.





## PROBUS Paddlers

Thanks for a wonderfully peaceful and convivial paddle this morning on the Nonquon River west from Seagrave: our first of 2023 and we've got many more!

Probus Paddlers is a group for experienced paddlers who want to gather casually each week to paddle and connect with others who love canoeing and kayaking in nature.

**Fun! Friendly! Safe!**

**When Will We Begin?**

Monday June 5

**When Will We Paddle?**

Most Mondays 10:00 - 12 noon

**Dates:**

We will meet TWICE each month from May-September.

June 5, 26

July 3, 17

Aug 7, 28.

Sept 18, 25.

**Where?**

Mostly in the waterways of Durham Region. Participants are to arrange their own transportation.

Transportation will not be provided.

**Safety?**

- Must be able to swim confidently about 100m (4 lengths of most municipal pools)
- Must wear a PFD when in the canoe/kayak
- Please provide a current emergency contact #

**Cost?**

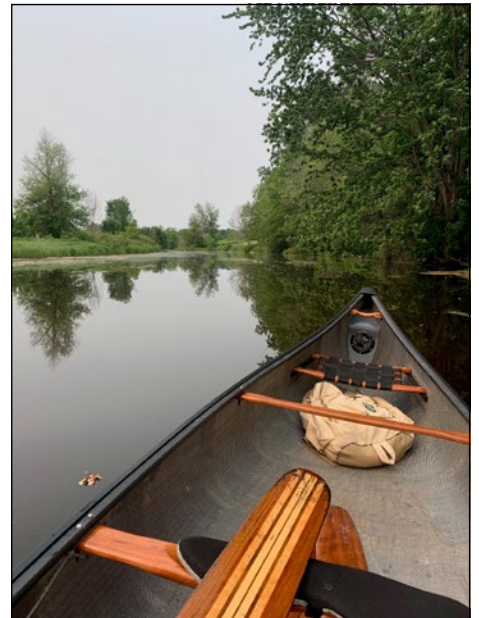
Some locations may have parking or day use fee.

**Do I Need to Have Experience Paddling?**

Yes. This group is for those who can make a boat go in a straight line and are able to paddle effectively. No instruction will be provided.

**What Equipment do I Need?**

- Your own PFD and paddle
- also canoe or kayak
- legal requirements- spare paddle, bailing bucket, 15m rescue throw rope, whistle.





## The Probus "Ball Whackers" Golf Group

Summer is here. The weather is great. Golfing is in full swing.

We cannot complain about the warm summer days on the golf course. The next 4 months should bring us many nice days to golf and enjoy the outdoors and sunshine.

We have a 2 new golfers who have recently joined our group and we look forward to getting to know and golf with them this year. I am excited to let you know that one of our golfers, Steve Fleming, made a hole in one on the Par 3 second hole at Pickering Glen a

week ago. He is still on cloud 9. This is Steve's first ever hole in one.

The schedule for the next month is June 16 at Pickering Glen, June 23 at The Quarry Golf Club in Ennismore, June 29 at Ballantrae Golf Club and July 7 at Baxter Creek.

We golf 18 holes at various golf courses on Fridays starting around 10:00 AM. If anyone is interested in joining us, please contact me.

For more information [e-mail Tom](mailto:tlacma99@gmail.com) at [tlacma99@gmail.com](mailto:tlacma99@gmail.com).



## Hand and Foot Card Game

The Hand and Foot Card Game group meet at 1:00 pm on the second Monday of each month.

The next game will be held on June 12th. Each month a member of the group will host the game in their home.

At present there are still two spots available for players or anyone who wishes to learn the game.

## Court Jesters Pickleball



### We are in full swing!

We played at Delpark on Thursday June 8 due to weather conditions outdoors. It has been difficult to acquire a venue and a day and time slot that works for the majority of us. We are all such busy people.

**Linda Hebert**

## Mahjong Marvels

The next Mahjong Marvels game will be held on June 20th, from 1:30 to 3:30 p.m. at the home of MaryAnne Bridge. Details will arrive in an email.



Albert Hu, unsplash



## Craft Brewery Samplers

We had a great first outing in May at the Town Brewery.

Thanks to everyone who attended. Mike and Caitlyn from Town Brewery were great hosts, and John Koopmans was the quiz winner of the \$25 Town Brewery gift card.

John's beer knowledge was so impressive that we will have to change up the quiz content next time to give everyone else a fighting chance!

I dropped by the **All or Nothing Brewhouse** in Oshawa and what a fantastic place for a summer lunch and tasting.

They bring in a pizza food truck Thursday to Sunday, and so our best date for a visit will be Thursday, June 22nd, likely a 1:00 p.m. start.

Ein Prosit (cheers)!





## 9 Hole Golf Group

The men and ladies of the 9 hole golf club have enjoyed rounds at Spring Creek, Riverside and Ajax South Golf Club over the last month.

We will continue to play every Thursday morning with the exception if this Thursday, June 15th, when we will play at Winchester Golf Club at 1:30 in the afternoon in order not to interfere with the PROBUS meeting.



## On Cloud Wine Group

**Our theme in May was Blind Wine Tasting - "Budget to Bling".**

We decided to taste Merlots, from budget (Italian \$12) to mid-range (California \$20) to pricey (California \$36). We loved the budget Merlot, with its light fruity taste.

The real insight of the evening was how everyone could taste how much smoother and well balanced the premium Decoy Merlot was over the mid-range offering. We might not always want to pay \$36 for a bottle, but now we know that sometimes it is worth paying for.





## Gardening "Green Thumbs"

Hi Everyone. The PROBUS Green Thumbs finally had a meeting with no rain! Who could have predicted poor air quality from so many forest fires raging in the north of so many provinces? Regardless, a few brave garden faithful ventured out on June 7 to view the gorgeous peonies in Oshawa at the Peony Festival on Arena Street. Visitors are attracted from all over the province to view these amazing flowers. The variety and colours of the blooms are truly stunning and awe-inspiring. So, despite the air quality, it was quite nice having our meeting in such splendour.



### Ahead for the Green Thumbs

"Artists in the Garden", a fundraiser for Hearth Place in Oshawa is scheduled for Saturday June 17 at a fee of \$20.

Here is the link: <https://www.artistsin-thegarden.com/> Note: our own Heather Anderson is hosting one of the gardens with three artists and a musician Wow!

### June 28, 9:30 am – Garden Tour of a Green Thumber

**July – Parkwood Estate Garden Tour (mid-July) and Garden Tour of a Green Thumber** - topics Promoting good bugs and how to get rid of the bad ones safely/bug repellants/lawn survival

Cheers and Happy Gardening, Tom



Patti Mavins



Patti Mavins





## Uncorked Wine Group

Tom and Heather Anderson hosted a delightful evening on Thursday May 18th.

### THEME OF THE NIGHT: "Tropical Drinks"

The group was greeted with a glass of Blue Lagoon Torresella Prosecco.

A bubbly drink from Italy. Bright silver green with hints of citrus fruits with fruits and perlage, (bubbles inside a glass of sparkling wine rising to the surface in subtle paths resembling a pearl necklace) and in perfect harmony with a luscious finish.



As the evening progressed, we enjoyed watching Tom's bar tending skills as he concocted several cocktails one could enjoy on the beach in the Caribbean.

Starting with a Mai Tai, Tom created this beautiful, layered rum, liqueur and juice cocktail. It is one of the most famous drinks in the world to enjoy while relaxing around the pool or as an evening cocktail.



### The "before "Pix!"

Next Tom offered a delicious Rum Punch consisting of lime juice, dark rum, simple sugar and juice.

We watched Toms mixology skills as he prepared Sex on the Beach. This drink is very tropical and gives off "beachy" vibes right from the first sip. It consists of vodka, peach schnapps, orange juice and cranberry juice.

It did not end there! This tropical evening also included a sampling of each of the following:

A Margarita, in which Tom uses the best Tequila, adding Cointreau, freshly squeezed lime juice and some simple sugar. It is a sharp refreshing summer drink.

Next a Blue Lagoon. This is a refreshing cocktail drink that is colourful and often enjoyed on a sunny patio. It consists of Blue Curacao, vodka, and lemonade.

Then we were served a light refreshing White Sangria consisting of fresh fruit soaked in white wine, with sparkling water to give it a bubbly feel.



### The "after "pix!"



All the while we enjoyed a delightful array of appetizers. A large charcuterie board consisting of a variety of amazing cheeses, crackers, and fruits for us to nibble on all evening. As well, Heather prepared several

warm appetizers including, Coconut shrimp, Jamaican patties, Cod fish balls, and Chicken balls. A few dipping sauces to go with the appetizers were also provided, including a Bajan sauce, adding to the Caribbean feel of the evening.





To end the evening we were offered Pierre Sparr, an Alsace Pinot Gris from France.

A rich full-bodied wine with aromas of lime, lemon and green apples and a silky texture.

A nice way to end this "summery like" evening with friends.

A GREAT TIME WAS HAD BY ALL!  
Thank you to Tom and Heather.

Photos were captured at April meeting which was hosted by Doug Byers, Mike and Jennifer O'Leary.

Please enjoy the following photos!

Our next meeting will be held June 15th, hosted by Doug & Karen Tulk

Please Note: This group currently has 14 members, which is our maximum capacity.

Please contact: [kmtulk@gmail.com](mailto:kmtulk@gmail.com)



*Photo from April meeting*



*Photo from April meeting*



*Photo from April meeting*



# Social Events

## Durham York Waste Facility Energy Centre Visit

What an eye-opening experience!

Finally after having this tour postponed earlier in the year, 23 members enjoyed an informative and interesting presentation on Tuesday, May 23rd, beginning with collected curbside garbage to the final product of energy released as electricity into the grid.





## June



### A Visit to the Loa-De-Mede Dairy Farm

**When:** Wed. June 21st at 10 am.

**Where:** 3572 Townline Rd. N, Oshawa

This farm is a fully mechanized milking operation.



## July

### Durham Central Probus Meeting and Barbecue

**When:** Thurs. July 20 th at 10am till noon

**Where:** Whitby Marina

**Cost:** No fee

Come join us for an informative presentation of club activities, the use of Wild Apricot, outdoor games(weather permitting), music, a tasty barbecue meal and much fun socializing with fellow members outdoors by the lake.



Zac Cain - unspalsh



### Les Miserable

**Westben Theatre - The Barn**

**When:** Thurs. July 27th at 2pm.

**Pre Concert Picnic - at 12:15 pm at venue**

**Concert - at 2 pm**

**Where:** 6698 County Rd. 30,  
Campbellford

**Cost:** \$56 for members, \$61 for your guest

Those members wishing to join us for the pre concert picnic, please phone in your food selections to the box office at 705-653-5508 or 1-877-883-5777 by June 30th.

This is a concert version of the music from the musical, not a fully staged production.

## August

### Tour of the St. Lawrence Market and Old Town

**When:** Wed. August 9th at 10 am.  
**Where:** St. Lawrence Market Front St. Toronto  
**Cost:** \$31

Bruce Bell a noted Toronto historian will be leading this tour.

We will travel by Go and walk to the market from Union Station.



*Tommao Wang, Unsplash*

## September

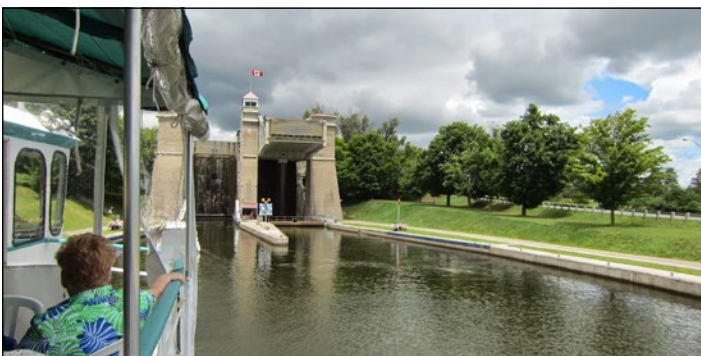
### Liftlock Cruise in Peterborough Aboard the "Island Princess"

**When:** Thurs. September 14th at 10:30  
**Where:** 92 George St., Peterborough  
**Cost:** \$34.50 per member and \$36 for guests

Enjoy a 2 hour scenic cruise along the beautiful Trent Severn waterway and through the historic liftlock. The boat sails rain or shine.

Lunch afterwards at "Jack's Fish and Chips" if you would like to join us. The cost of the lunch is not included in the registration fee.

Parking is available at Little Lake Marina . Departure dock is located just south of the Holiday Inn. Parking costs one dollar an hour. Pay and display takes loonies and toonies only.





# New Sections

## Community Activities

This is a new section in our Newsletter. We welcome your input to this section. If you have any Community Activity you would like us to include in the newsletter, please [email them here](#).

## Volunteers Needed

There are many organizations that need volunteers on a regular basis.

Here is a selection of some of these volunteer positions with links. Once you go to the their sites, you will also be able to find more positions.

If you know of any organizations that might need volunteers, [please email me](#) and I will include them in the next newsletter.

## PROBUS Global

Many members might benefit from joining Probus Global, especially those who are planning vacations abroad who might be interested in visiting Probus Clubs at their destinations or contacting a club member there in advance to discuss attractions, weather, accommodations etc.

[This link lists](#) the advantages of joining Probus Global and includes the form for free enrollment.

### Lakeridge Health Volunteer Opportunities

There are many volunteer opportunities open at Lakeridge Health.

#### Emergency Department Entrance.

In the Emergency Department (ED) entrance volunteer role, you will work in a fast paced environment to assist patients and Essential Partners-in-Care (EPCs) coming into the ED.

Some activities include:

Greeting patients and family/EPCs.

- Communicating safety protocols; use the computer tracker to help find patients for their visitor, etc.
- Supporting patients using self-check in kiosk.
- Helping with directions within and outside the ED department.
- Liaising with other ED volunteers as required.
- This role is available at the Oshawa Hospital.

**Navigator volunteer role.** You will provide support to patients who arrive at the Cancer Centre for their appointments. You can make a real difference to someone by being a friendly, helpful presence when they arrive.

Activities in this role include:

- Circulating in the waiting areas on two levels and provide supporting conversations within the journey of care.

- Supporting patients in the flow and process for their first appointment or other appointments and assist them with the registration computer as required/requested.

Note: A volunteer in this role must become comfortable with computers, standing and/or walking for the entire shift (4 hours maximum) and help wayfinding to other areas of the hospital.

This role is available at the Durham Region Cancer Centre located at the Oshawa Hospital.

**Lobbies and entrances volunteer role.** You will learn about the hospital and its services while interacting with patients and visitors at various entrances. This is a physically active position.

- Other activities include:
- Greeting people as they enter.
- Providing required assistance to find locations within the hospital.
- Reinforcing safety protocols.
- Helping to deliver essential personal items to units.
- Assisting with managing wheelchair resources, as required.

This role is available at Ajax Pickering, Bowmanville, Oshawa, and Whitby Hospitals.

#### Emergency volunteer.

Activities in the emergency volunteer role include:

- Supporting patients and families waiting in the Emergency Department.
- Providing age-appropriate activities and comfort items (e.g., colouring, word searches, teddy bears, etc.).
- Calling transportation services (i.e., taxis).
- Assisting with wayfinding, directions, or escorting patients to different departments.
- Answering general questions.

This role is available at the Ajax Pickering, Bowmanville, Oshawa, and Port Perry Hospitals.

#### Retail volunteer.

In the retail volunteer role, you will work with other volunteers to support the Lakeridge Health Auxiliaries and their fundraising goals through customer service and sales from various retail operations.

This role is available at the Ajax Pickering, Bowmanville, Oshawa, and Port Perry Hospitals, Lakeridge Gardens, and offsite locations across the Durham Region.

[You can view all the volunteer positions available here.](#)



## Durham Children's Aid Society

Currently, Durham Children's Aid Society is actively seeking Volunteer Drivers. If this role is of interest to you, please contact [Volunteer Services](#).

[Link to their general volunteer page.](#)

## Girls Inc. of Durham

Bingo Volunteer

5 Openings

### Summary

Volunteers are needed for a 2-hour shift once a week at Delta Bingo & Gaming in Pickering. In exchange for volunteering, Delta generously supports Girls Inc. programs. A single volunteer shift can raise enough funds to sponsor a girl to attend a life-changing Girls Inc. camp for FREE!

### Description

What you'll be doing

- Welcoming guests as they arrive and thanking guests for supporting Girls Inc. as they depart
- Circulate the gaming floor to support customer service and assistance
- Assist players with information on programs, events, games, and promotions as needed
- Assist players as needed on the technology basics of the electronic gaming in the centre
- Assist staff with keeping the environment clean
- Flag game winners for identification by staff to assist with verification process (Call backs)

### Requirements

- Whether you meet these requirements or not, we encourage you to share your interest in us. You may still be a fit for a different opportunity with our organization.
- Over "age of majority" in province of opportunity.

[Link to the opportunity.](#)

## VON Durham Hospice Services

Bingo Volunteer

### Summary

Come enjoy BINGO and meet new

people in the community, while supporting our non-profit organization!

### Description

What you'll be doing

Our BINGO Volunteers are an essential part of the VON Durham Hospice Services funding. These volunteers help out at Pickering Delta Bingo Gaming location, for community charity BINGO game sessions. As we are a non-profit organization, the funds gained at these BINGOs directly support our VON Durham Hospice Services programs. BINGO sessions are 2 hours in length, and we are ALWAYS in need of your support at these functions. BINGO sessions run continuously throughout the year, about 3-4 sessions/month. Pickering Charitable Gaming Association is governed by the OCGA and OLG, and a brief 45-minute online training module is required, in order to represent VON Durham Hospice Services. Volunteers are also required to complete the accredited 30 hrs of HPCO Hospice Palliative Care Ontario online training.

### Requirements

Whether you meet these requirements or not, we encourage you to share your interest in us. You may still be a fit for a different opportunity with our organization.

Proof of Covid Vaccination (1st & 2nd doses)

Minimum Age 18.

[Link to the opportunity.](#)

## Community Care Durham

Please consider joining our team of volunteers as we continue in our mission of "Supporting People, Strengthening Community."

### Volunteers are the heart and soul of Community Care Durham.

Without the commitment and dedication of volunteers, Community Care Durham (CCD) would not be able to provide our clients with the broad range of services and supports that enable them to live safely at home. Volunteers make a difference, whether it is a few hours a week or a few hours a month.

## Community Volunteering

Calling all Durham Region community groups – become a Community Champion and build a partnership with Community Care Durham! Churches, service clubs and other non-profit organizations are welcome to give back to the community and volunteer.

### Benefits

- Make a positive contribution to your local community
- Build a partnership with another non-profit
- Learn new skills, build leadership and teamwork
- Brings fulfillment and balance to one's life

### Corporate and Community Volunteer Opportunities:

- Meals on Wheels
- Community Food Box
- Outdoor Seasonal Support
- Congregate Dining

### Corporate Volunteering

Promote team building within your organization and foster team spirit while giving back to your community. It's a Winning Partnership!

Corporate Volunteering Application

### Benefits

- Promotes a positive corporate public image
- Strengthen peer relationships
- Enhance employee morale, productivity and loyalty
- Enriches self-esteem, confidence and reduces stress

### Skill-based Volunteers

Bring your unique set of skills and experience to a volunteer role.

[Apply here!](#)

Upload your resume and provide a summary of skill sets and experience you wish to volunteer.

### Virtual Volunteers

Contribute your skills and time via the internet based on your availability. Either one-time, short term based or ongoing projects.

[Apply here!](#)



## Seniors' Month in Whitby

June is one of our favourite months at the Town. It marks and celebrates Pride Month, Bike Month, Recreation and Parks Month, Seniors Month, National Indigenous History Month, Local Food Week – and the start of summer!

There are many ways to recognize these important awareness days and get involved:

### Celebrate National Indigenous Peoples Day

Leading up to National Indigenous Peoples Day (June 21), the Town will be hosting a special event on Saturday, June 17 from 9 a.m. to 12 p.m. at Celebration Square. Join us to learn more about and celebrate Indigenous history and culture. Watch the All Nations Juniors Youth Drum Group, experience storytelling and singing by Anishinabek Grandmother Kim Wheatley, and take part in community projects.

[Click on this link.](#)

### Register For a Summer Program

From playground drop-in programs to fitness and swimming, the Town has a number of activities to keep you active and moving! Check out the available activities and programs on ACTIVE Net, and add them to your Wish List starting May 29. Registration for recreation programs and swimming lessons begins on June 7 at 9 a.m. and Aquafit on June 8 at 9 a.m. You can also drop into one of the Town's 15 splash pads throughout our community to stay cool during the summer. View a list of locations and see which are open at [whitby.ca/splashpads](http://whitby.ca/splashpads).

### Take a Ride on a Whitby Bike Trail

June is Bike Month – the perfect time to go for a ride through your neighbourhood. For a map of our trails, multi-use path, bike lanes, and six bike repair stands, visit [whitby.ca/cycling](http://whitby.ca/cycling).

### Celebrate Pride

Whitby Town Council has proclaimed June as Pride Month. Flags will be raised at Town Hall and at all Town recreation facilities. Residents are welcome to attend Drag Queen Story Time for children at the Central Library located at 405 Dundas Street West on Saturday, June 10 from 10 a.m. to 12 p.m. This family-friendly program will showcase stories and songs that explore and celebrate diversity and inclusion. For more information, visit [whitbylibrary.ca](http://whitbylibrary.ca).

### Attend a Seniors' Month Activity

June is also Seniors' Month, and we're offering a variety of programs to help keep everyone connected. Check out the 55+ Art Show at the Whitby Public Library, attend a ukulele in the park event, learn safety tips during our Frauds and Scams Seminar with the Durham Region Police Service, and so much more. Thanks to our many sponsors for their support, including ViVa Whitby Shores Retirement Community, Amica Whitby, Amica Taunton, and Aspira Lynde Creek Gardens Retirement Community. For details and a full list of activities, [visit this link!](#)

### Visit Whitby's Arts Trail

The town is home to many beautiful murals created by local artists. Discover outdoor public art and murals, and visit galleries, artist studios, and maker shops all around town as part of Whitby's Arts Trail. Learn more at [whitby.ca/Culture](http://whitby.ca/Culture).

### Visit the Farmers' Market

The Whitby Farmers' Market is now open for the 2023 season at Celebration Square and the Brooklin Farmers' Market will run every Saturday starting June 10 until the end of October. Residents and visitors can shop outdoors for fresh local produce, baked goods, unique handmade products, and more. [whitbyfarmersmarket.ca](http://whitbyfarmersmarket.ca)

### Show Us Your Favourite Whitby Park or Trail For a Chance to Win!

Get outside, get active, take a photo and share it with us for a chance to win 1 of 4 \$100 Town of Whitby Recreation Gift Certificates. To enter, watch the Town of Whitby's social media channels on Facebook and Twitter (@TownofWhitby) for the contest to launch on June 1. Comment with a photo of you enjoying a Whitby park or trail. All entries must be received by June 30 at 11:59 p.m. Entries may be shared on the Town's social media platforms. If you do not wish for your photo to be shared, please send it to [getactive@whitby.ca](mailto:getactive@whitby.ca).



# Our Pictures, Our Lives

The response this month has been the best yet! Thanks to all who sent in images and stories!

The idea for this section is for all of you who wish to do so, to submit a picture or two (or three; or four) with a caption or story that tells us why each photo is important to you; maybe a short story you have written instead of a photo or some artwork you have created. It's all about getting to know each other.

I'm looking forward to getting more images and stories to share here.

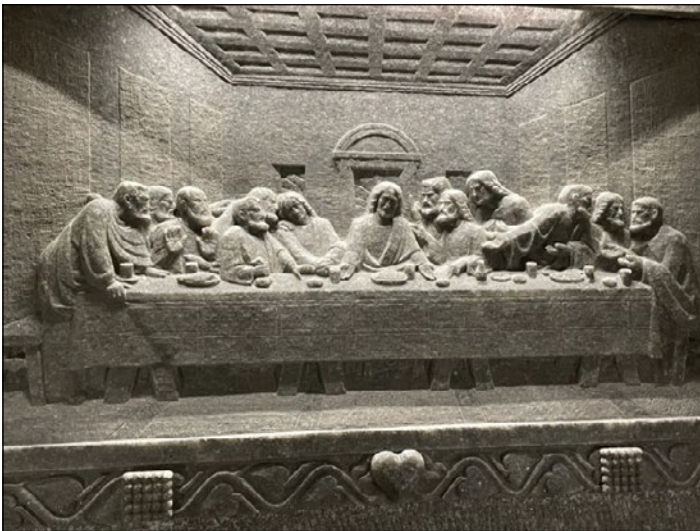
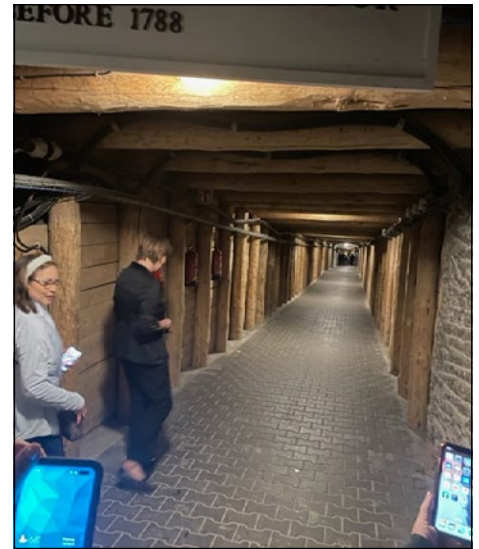
You can send images etc. with captions [to this email](#).

Thanks so much and I am looking forward to more of your images and stories. Thanks to those who have sent images in!

**Marek**

## **Rita Edwards**

While touring Eastern Europe, visited the salt mine near Krakow Poland. Excavation began in the 13th century until 2007. Besides all the passage-ways, there are 4 chapels and numerous statues carved out of salt by the miners. Excellent tour!





**Debbie Whitehead**



**Laurie Jones**



Laurie Jones...Skydiving(?) at iFly.

**Will Luchford**

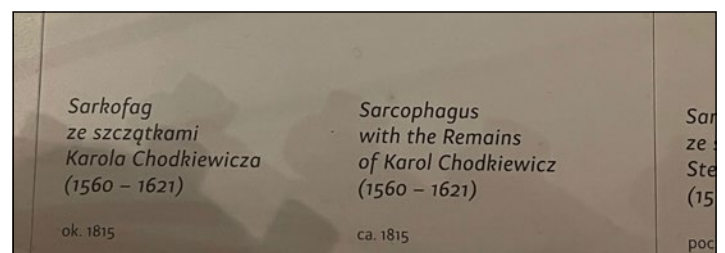
I made up a junkyard dog and placed him on the front yard grass, there must be some realism, as 6am the next morning I was woken by a yap-ping small doggy arguing with Bert my junkyard dog.



**Marek Warunkiewicz**



While visiting my homeland, Poland, in July of last year, Jennifer, my wife, and I went to Krakow and visited the Czartoryski Museum there. I found this portrait of one of my forebears, Jan Karol Chodkiewicz. He was born c.1561 and died 24 September 1621. He was quite the man! You can read more on his [Wikipedia Page](#).





## Linda Nasso

Since the pandemic began I started making homemade cards. I always liked giving cards to people but when the pandemic hit I didn't do any nonessential shopping. My card ideas are not original. I look at Pinterest or cards I have at home for ideas. I enjoy making them, and my friends and family seem to like them too. These are some of my favourites.



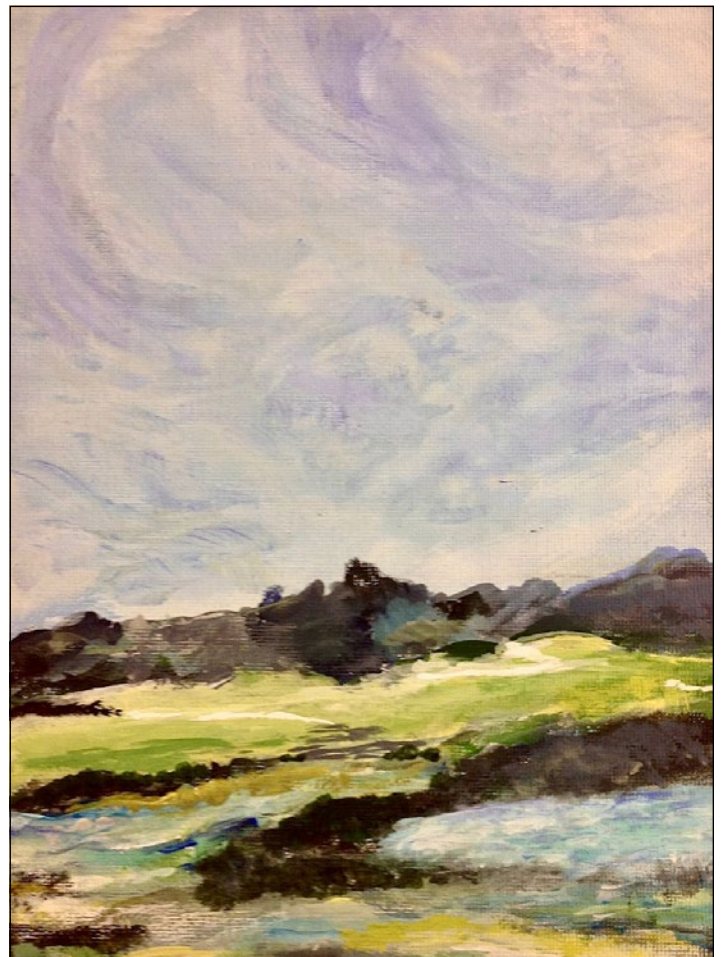
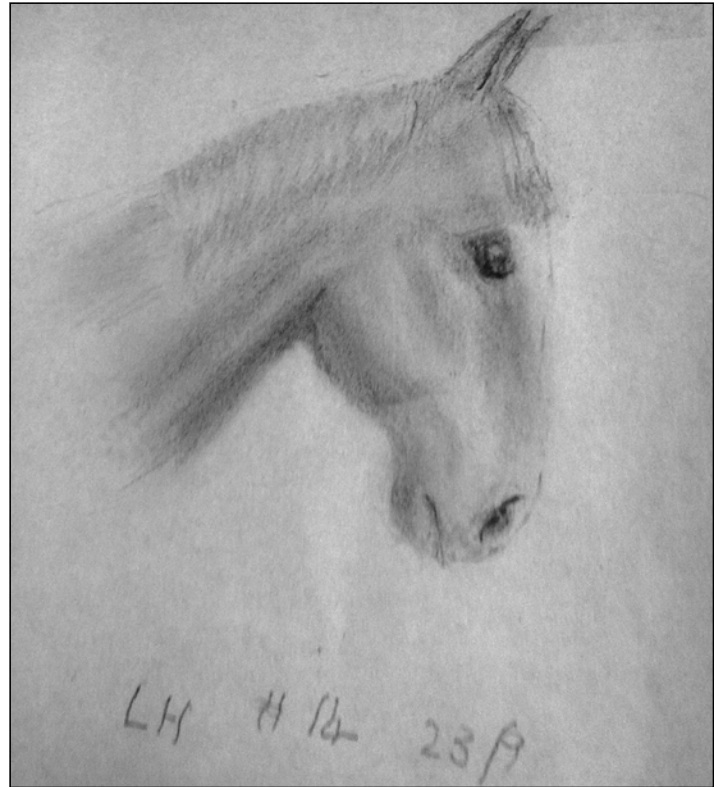


**Dennis Bailey**

On starting school at 4.5 years of age I drew using my left hand but was forced to convert to using my right hand.

That hand became my dominant one for the next eighty two years until August of 2021, when I decided to see if I could still draw left handed.

The sketch below was the 14th one using my non-dominant hand. I recently started to paint left-handed and here are some recent examples .





**Jennifer Spencer**



It's always wonderful to see how growth happens in the smallest of cracks.



It's cottage season!



Trumpeter swan in Muskoka.



Chipmunk on the dock.

**MaryAnne Bridge**

