



PROBUS CLUB OF HYDERABAD

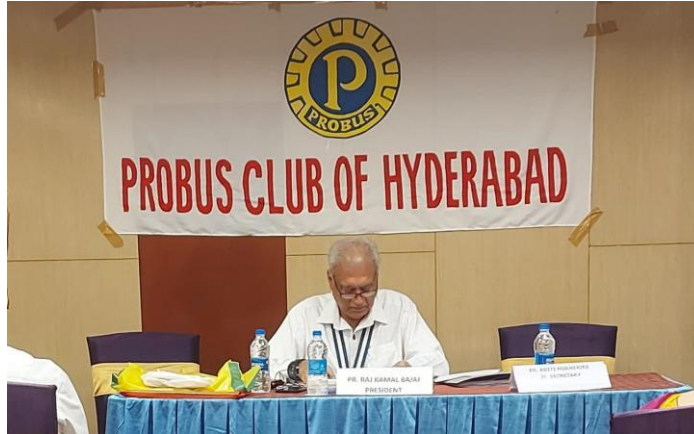
President : RK Bajaj ; Vice President: R. Vijaya Lakshmi
Secretary: CSY Sankara Rao; Jt. Secretary : Aditi Mukherjee ; Treasurer: P. Jayaprada
Committee Members : M.Chidambara Rao; Dr. N. Raghupathi Rao ; Aruna T
Immediate Past President: Dr. RHG Rau; Immediate Past Secretary : Kamal Sukhija
Editorial Team: Dr. R.H.G.Rau, Aditi Mukherjee, P. Jayaprada

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1. PCH EVENTS OF MAY 2023

A. Regular Monthly Meeting

May 2023 RMM, chaired by President Pr. RK Bajaj, was held on Sunday, 28th May 2023 between 10.45 am to 1.00 pm. Attended by twenty two, including three guests- Mr. Mir Ashfaq Zaheer, Mrs. R. Rajeshwari and Mr. Narayan Murty- the deliberations were as per the Agenda, followed by lunch.



Highlights:

- After the formal welcome from the President, the humour for the day was shared by Pr. R. Vijaya Lakshmi, Pr. M. Chidambara Rao, Pr. M.Ravi, Pr. Manohar Kumar, Pr. PV Subba Rao.
- Felicitation and Caring session was conducted by Pr. P. Jayaprada :

HAPPY BIRTHDAY TO PROBLANS :

Dr. N. Raghupathi Rao: 5th May; BS Srinivasan: 7th May.

WEDDING ANNIVERSARY OF PROBLANS :

Ramakrishna & Visweswari: 11th May; Kumar T & Aruna:16th May; AS Rao & Mutyabai: 21st May;
Dr. RHG Rau & Vijaya Lakshmi: 22nd May; Dr. MS Gowd & Vijaya Lakshmi: 23rd May.

The celebration ended with blowing the candles specially arranged, with the members wishing them happiness and health.



.....(Courtesy: Ravi M)

C. Pr. Dr. RHG Rau, Chair-Souvenir Committee gave a brief on the progress made by the committee during the last one month. He said activities are going on as scheduled and the 4th meeting of the Souvenir Committee, planned for mid-June 2023, will further review the progress.

B. Speaker Session:

Mrs. Rani Rajeshwari, Honorary Faculty (Palmistry) ICAS Ameerpet Chapter V, was the invited speaker who educated the members by speaking on “Fundamentals of Palmistry”. Within a short span of half an hour or so, she touched upon a number of related topics:

- Drishta and Adrishta
- Art of reading a person’s character
- The unique Pattern of hand
- Chiromony and Chiromancy
- Significance of Mounts
- Personality traits
- Palmistry and career counseling
- How lines are formed
- How hands are read
- Dominant and passive hands
- Lines on hands-description and interpretation
- Spacing between fingers
- Texture of the Skin



Her Illuminating and Interesting talk ended with handing over a memento from PCH Vice-President Pr. R. Vijaya Lakshmi and a Vote of Thanks from PCH Treasurer Pr. P. Jayaprada.

2. FROM EDITORIAL TEAM

WHAT IS BEAUTY

Beauty is too simple a word to pronounce, but too complex to define. When we say some one is beautiful, it implies inner and outer beauty. The external make-up would be radiant, when it is locked by inner beauty. Inner beauty germinates from a combination of various factors, such as Happiness, Truthfulness, self-confidence etc. It demonstrates itself on face, in eyes, while speaking and smiling. In other words, inner beauty pervades the entire personality and individuality. Hence everyone should strive for being happy and making others happy.

Skin is recognisable symbol of beauty. How our skin looks tomorrow depends on how we look after it today . Skin is the largest organ, which generates and degenerates all the time. It is a continuous process in our body. Proper diet is of vital importance for healthy skin. The first and most important thing is to keep the face fastidiously clean. A skilfully done make -up enhances its appeal. It gives added dignity in society. Make-up is an art of beautification. Cold compression on face after make-up keeps the freshness to last longer.

Lovely, lustrous hair is also an asset. The life span of a hair depends on how it is treated and how healthy the scalp and hair conditions are. When hair is damaged, it loses its lustre, and becomes thin and brittle. Day to day care is required for healthy hair. Warm oil massage on the scalp keeps hair healthy.

Bright and sparkling eyes indicate good health and vitality. A person's magnetism and charm mainly depend upon clear and sparkling eyes. Cupping the eyes with the palms for some time, relieves eye strain . The skin under the eyes has no moister glands. Hence it is better to apply honey gently on that area, than massaging with heavy creams.

A radiant face with a spontaneous smile on the lips, and a spark of cheerfulness in the eyes is a nature's gift forever !!!!

“If you don't feel beautiful; you don't behave beautifully!”*Bianca Jagger*

“Beauty is the illumination of your soul!”*John O'Dono Hue*

(Note: In 1997, Pr. Jayaprada wrote this article to a Souvenir of an association “ Delhi Kala Karam “ organised by Dr Kiran Bedi IPS.)

.....*Contribution: Pr. P. Jayaprada*

3. FOR LEISURE READ

***Down The Memory Lane 1954: Episode 17:
Windmills in Netherlands***

Mierlo was around 45 minutes drive from Eindhoven was home to a famous wind mill about 300 years old, still working with great definitude. On a Saturday we drove down to Mierlo. We were guided to the center of the village where on



A windmill in Netherlands

a mound stood this mill, well kept and nicely painted. It was built with great precision for grinding grains. They claimed that it could grind in five different specifications for different types of



Typical landscape in Netherlands

bread and pan cakes. It was well managed by a co-operative of seven bakers. One of them showed us around and explained the precise working of its grinding process. To derive the maximum advantage from nature its blades were tuned every time the wind speed, temperature and/or direction changed. It was amazing to see the accuracy with which it worked and carried out its assignments almost automatically. Around 1200 windmills are still left in Netherlands; some of them are working pumping back water on to North Sea that had leaked from the dikes. They keep working day and night helping to keep the Country dry.

Almost one third area of Netherlands is below the sea level and used to be marshy land at one time. Reclaiming it from the marshes was a laborious process. The strong and almost continuous winds which blow over Netherlands tempted them to borrow the concept and design of windmills from Sarsena Countries in the Middle East where they had been in regular use for hundreds of years. The Prussians have been using them for irrigation since the 6th century. The first regular windmill in Netherlands was installed in year 1221. It was followed by many in quick succession. They indeed played an important role in the initial development of that Country.

The winds which blew all the time were harnessed through windmills to drain unwanted water, pumping it back into North Sea. This highly efficient and economical method of draining unwanted water created extensive reclaimed farmlands available contributing to the economy of the nation. By the 15th Century there were more than 16,000 windmills working in Netherlands. Most of them were built for grinding flour. They became very common so much so that even a proverb became popular sayings ‘if you cannot tolerate getting white, do not enter a windmill. The continuous winds which blew over the Country almost all the time provided those days a free and more or less reliable motive power which tempted people to use it also for other repetitive industrial processes such as mixing paints, making gin & even shaping wooden logs . ***Kinderdijk, Zaanse Schans, and Schiedam became famous for specializing in the above industrial processes.*** Shaping wooden logs was a popular and economical process. The wooden planks were extensively used for providing firm base for the buildings in the marshy lands where villages and cities came up as the country grew economically. The great city of Amsterdam is entirely built on such logs driven into the marshes 40-50 feet deep; at some places they go down up to 80feet or more.

The Dutch Golden age in 16th century created huge demand for such planks for building ships for trading with their East Indian Empire.



Self with visitors

Today, the 250-year-old windmills park at Schiedam is a fascinating open-air museum. The five biggest windmills in the world are located there.

India can also boast of around 25 windmills in Gujarat. They are mostly used for pumping water in the salt farms in Kutch area and are promoted by two brothers Mustaq and Mehter. They are made out of bamboos costing around Rs 50,000 each.

In Europe their application fell in use from around the 16th Century when other motive powers such as

steam, compressed air and electricity etc gradually became available. However, the continuous wind power in some areas is still economical and reliable. The dikes in Netherlands are continuously leaking and to save the Country from getting flooded the pumping out the leaked water back in to North Sea, the clusters of windmills are even now used.



Proverbs: The Windmills became so much a part of life in Netherlands that a number of proverbs based on them got generated. A few are given in the following:

Proverb: Take the opportunity when it arises

Dutch: Molens malen niet met wind die voorbij is.

Proverb: If you can't stand the heat, stay out of the kitchen

Dutch: Wie niet wit wil worden, moet uit de molen blijven

Proverb : Working very hard

Dutch: Werken als een molenpaard

Proverb: There will always be competition

Dutch: Alle molens vangen wind.

Proverb: One does not achieve anything without labour

Dutch: Een stille molen maalt geen meel.

Proverb: Half work leads to nothing.

Dutch: Met één steen kun je geen meel malen.



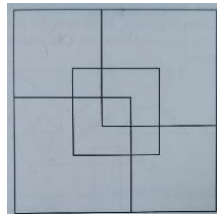
Children in a park in Amsterdam with a toy windmill in the back ground.

(NB: The portion in italics is adopted from reference literature.)

.....*Contribution: Pr. RN Mital*

4. FOR MENTAL STIMULATION

A: Counting the squares:



There are eleven squares in the illustration above, more than what you think on first count. Find them as you play along; either through inside-out or outside-in approach or both.

EDITORIAL



Dear Friends,

I have just received the June 2023 issue of PROBUS GLOBAL Newsletter. It has the updated statistics highlighting 1100 members from 15 countries. More importantly, the membership is registering a healthy 33% growth rate. On behalf of Probus Club of Hyderabad, I have conveyed to Richard Furlong, President PROBUS GLOBAL our appreciation of his efforts, our support and best wishes for the years to come.

14th May is celebrated as Mother's Day. It gives me immense pleasure to recall that many of us whose mothers are in our midst, some of them well above 90, have shared their enjoyment, expression of care and love.

For the Mental Stimulation column, you will find a deliberate shift from solving Puzzles towards Brain Workouts, focusing more on exercising our brain towards searching and exploring.

With Best Regards,

Dr. R.H.G.Rau
31st May 2023