

Durham Central PROBUS Club Newsletter: October 2021



2021 – 2022 Executive Officers:

Tom Reed,
President

Patti Mavins,
Vice President and
Newsletter Editor

Doug Byers,
Past President

Tricia Cadieux,
Secretary

Tom Anderson,
Treasurer

Committee Chairpersons & Other Positions

**Jackie Bathe,
Janet Good &
Judy Roebuck,**
Social Committee

Catherine Frost,
Special Interest
Groups

Laurie Jones,
Speakers

Paul Dionne
Membership

**Heather Anderson
& Sue Mackinnon,**
House Committee

Connie Nelson,
Web Master &
Archivist

**Sylvia Hughes &
Mary Ann Bridge,**
Members at Large

NEXT MEETING – THURSDAY, November 18, 10 AM
Online meeting via Zoom

President's Message



As one of the 44% (according to the survey (?)) who gave out candy and goodies on Halloween, my partner and I had a blast. Dressed up and socially distanced, we greeted the little ones who came by and grasped their candy bags with outright enthusiasm! A little fantasy in our lives keeps us all young at heart.

The return to face-to-face meetings is nearing reality. The recent government announcements have allowed the Oshawa Shrine Club to open to full capacity. Now we need to hear your opinion and desire to return to those meetings. Within the last few days, you will have received a survey to complete indicating your intention and comfortability in participating in face-to-face meetings, like in the days Before Covid19 (BC). Please go on the website and let us know your opinion. The survey results will be a topic for our next Management Team meeting in November.

I attended the Presidents' meeting of our PROBUS District Two last Friday. PROBUS Global was presented. You can join at no cost and participate with over 664 PROBUS members from 13 countries around the world in discussions and fellowship free from politics, religion, fundraising and competition. Interested in travel again? This may be for you. Check out PROBUSGlobal.org. Also, PROBUS Day is October 1, 2022. This coincides with the both the National Senior's Day in Canada and the United Nations Day as well. PROBUS fees are raised to \$3 per person from \$2.50. In the next PROBUS Canada newsletter, members will receive an update on insurance to allay any concerns about liability.

If you have any questions or comments, please forward to me or any member of the Management Team.

Stay positive and, yes, we seem closer to seeing one another in person sooner than later. Complete the survey please!

November Speaker: Bev Foster

“Music, Health & Wellbeing”



One of the powerful things about music is that it reaches into every part of our human experience along life's journey. Integrating music into our daily lives helps us cope, learn, breathe, move, and engage. Music offers meaning into our situations.

In this presentation, Bev will explore with us how and why music is essential to our health and wellbeing. Come prepared to be informed and inspired!

Bev Foster is the Founder and Executive Director of the Room 217 Foundation, an organization dedicated to music and care. She is an experienced musician who speaks and writes extensively on the power of music, especially in life limiting situations. Her passion for music enhancing quality of life is contagious.

Social Events

Trivia: We have booked 4 new dates for Trivia. It is the same format as last year - via Zoom, from 3pm to 4pm. We can only accommodate 23 players at each session so don't be disappointed and sign up as soon as you get the invitation. It is free again this year.

Dates are: Wednesday, December 8
Wednesday, January 12
Wednesday, February 9
Wednesday, March 9

Great fun! Good for the mind!



“West Side Story”: You are invited to attend a private showing of the new movie. Coming out in December.



West Side Story became a global sensation when it hit Broadway in 1957. Book by Arthur Laurents, music by Leonard Bernstein and lyrics by Stephen Sondheim. This new movie is of course a remake that is directed by Steven Spielberg and stars Rita Morena (she won a best supporting actress Oscar in the original film and is now 88 years of age).

Date: Monday, December 13

Time: 12 noon (Be there by 11: 40)

Place: Landmark Theatres (Whitby)

Cost: \$15 each

Food: will be available, if you wish, at your own cost

We can only book 20 people. It will be just us, socially distanced and you must bring proof of double vaccination.

Stay tuned for your invitation and reply quickly because I am sure it will sell out quickly. We are really excited about seeing the movie and seeing in person our Durham Central friends.



If any of the PROBUS members have suggestions for social activities please contact either Janet Good, Jackie Bathe or Judy Roebuck. We are always looking for feedback.

Community and Other Virtual Events:

Looking for some services and activities outside of our local PROBUS offerings? Check out this suggestion:

November 1 – 5th: The Royal Education Week

You're invited to take part in a week-long celebration of education!

November 1 – Virtual Field Trips to an Ontario Pig and Egg Farm

November 2 – The Royal Food & Nutrition Forum

November 3 – Ag & Food Virtual Career Fair

November 4 – The Royal Education Symposium

November 5 – Virtual Field Trips to an Ontario Turkey and Dairy Farm

Go to <https://www.royalfair.org/royal-education-week/> to sign up for an event.



We all enjoy hearing about things to do in our community. If anyone has information about virtual or community events to share with our members, please email Patti Mavins by the 25th of each month for adding to our newsletter.

Special Interest Groups

Many restrictions have been lifted for public forums. Meeting in homes is up to the individuals. You must be fully vaccinated in order to participate in a group activity with PROBUS. Please consult with the leader of your group(s) re the possibility of meeting in person.

Leaders will have to keep a record of who was in their home and be prepared to present that list to the region should it be requested.

The possibility of meeting via ZOOM is still available to all groups.

We are approaching the end of possibly meeting outside so decisions have to be made as to how to proceed.



If there is a group listed in the Newsletter or on the website that you would like more information or even want to join, please contact the leader directly.

Feel free to contact me regarding any questions you have or if you wish information about a group

Catherine - c.frost@sympatico.ca

Book Club – “The Chicklits”:



Our October book was “Fifty Words for Rain” by Asha Lemmie. It was an interesting read and prompted a lively discussion.

Our November novel is “The Secret Wife” by Gil Paul. *“A mystery built around the Romanovs of Russia. A fantasy built around one of the daughter’s, Tatiana’s, romances with a soldier... The Secret Wife effortlessly crosses centuries, as past merges with present in an unforgettable story of love, loss and resilience.”*

We have room for more members in our book club. If you are interested, please contact *Patti*.
patti.mavins@rogers.com

DC Wanderers:



The DC Wanderers have enjoyed being out and about on several trails during the month of October in Oshawa and Whitby. The weather has been superb for all of our walks and we have very much enjoyed the new locations we have visited. Highlights were the one-hour hike through Heber Down's bucolic setting on an almost summer-like day and time enjoying the fabulous vista on the beach at Lakeview Park.

We welcome new members to our group. Please contact Pete Jones at 905-430-0141 or

barbandpete@rogers.com. See you on the trails!



Fibre Friends:



Fibre Friends continue to meet via Zoom. Due to Remembrance Day, we will meet only once this month on Wednesday, November 24/21 at 1:30 p.m.

Jane Rail and Barb Jones

Golf Groups:



The golf courses are still open, but the weather is changing. Some of the golfers have put their clubs away for the winter. A few of the golfers expect to be golfing in November, weather permitting. Golfing in November means arriving at the course dressed in layers but still be comfortable.

We have been golfing at Royal Ashburn for our annual nine and dine, Oak Ridges, Baxter Creek and Deer Creek. We are not sure where we will golf in November, but we do expect to play a few games.

Any member wishing to join the Probus Golf Group is welcome.

For more information e-mail Tom at tlacma99@gmail.com

PROBUS Pedal Power

We have had some great rides this summer. But, alas, all good things come to an end, and that's true now for the 2021 cycling season. We may still have a few days when the weather is decent enough to get out, but official Probus Pedal Power rides have ended for 2021. Meanwhile, stay active, stay fit, stay healthy! I look forward to riding with you next Spring!



[Probus Pedal Power – October 19, 2021 – Carruthers Creek]

Please contact me if you have questions or would like to be added to the email list. There is no limit on numbers, nor any obligation to come out every week. *John Patté* – gangler@live.ca

Pickleball:

Outdoor play is now finished and sad to say it is difficult to find a venue that we can maintain our club. Our members will need to purchase an Oshawa Recreation membership to continue playing through the winter season. We can all play at either Delpark or South Oshawa Community Centers but we will not be able to play together as we have to mingle with the other players. Our group now has had enough lessons to join the rest of the pickleball community and play. If anyone is interested in learning how to play, I will try to find a spot for you. Hopefully we can find a good time slot to meet up soon!



Downhill Ski and Snowboarding Club

Contact: lauriejones35@gmail.com

Snow is coming soon!! Time to dust off your ski/snowboarding gear and prepare for another season. This will be our third season (wow). This season we will be heading out to other ski hills once per month.

What: The activity is alpine skiing and snowboarding.

Who: For Probus members who have some experience with downhill skiing or snowboarding.

When: Wednesdays: Brimacombe location: 9-12

Day Trip: All day, exact times TBD

Start date: mid-December

End date: mid-March



Where:

3 weeks: Home Base: Brimacombe (30 mins from Oshawa) <https://www.brimacombe.ca/>

1 week: Day Trip: i.e., Mount St. Louis... TBD

How: Last year, in order to purchase a lift ticket, you had to reserve a spot. Worst case scenario is that this system will be in place this season. It was very easy. <https://brimacombe.ca/lift-tickets>

Cost: 2021 / 22 Lift ticket prices are not posted yet. Last year they were \$30/day, Mon-Fri, 9-4:30 or if you are an uber skier, there are membership options. The last early bird membership deadline is Nov. 15 <https://brimacombe.ca/memberships-and-passes>.

If you are interested or have questions, please email Laurie at lauriejones35@gmail.com

Uncorked:

The Uncorked Wine Group met on October 21st. The members were presented with a variety of Australian wines, two whites and two reds.



The first white was Wakefield Estate Chardonnay 2019 from the Clare Valley Region in southern Australia. It has a wine critic score of 92 and sells for under \$20.00. The second white was Howard Park Miamup Sauvignon Blanc 2017 from the Margaret River Region in Western Australia. It has a wine critic score of 95 and sells in the \$20.00 range.

The reds included Grand Barossa Shiraz 2019 from the Barossa Valley in Southern Australia. This wine has a critic score of 93 and sells in the \$20.00 range. The second wine was Sister's Run Old Testament Cabernet Sauvignon 2019 from the Coonawarra Region in the south eastern corner of South Australia. This wine has a critic score of 91 and sells in the \$20.00 range. The tastings were complemented with delicious food pairings provided by the hosts.

Many thanks to our hosts for providing the wines and food pairings.
Janet Brown [janetbrown50@hotmail.com] is the co-ordinator for the Uncorked Wine Group.

Poet's Corner

Two Minutes

In the eleventh month, on the eleventh day,
at the eleventh-hour tradition holds sway.
Lest we forget those who answered the call,
the brave men and women who sacrificed all.
Acknowledging officers and troops in the ranks
those airmen and sailors, those driving the tanks.
Stop, stand and attend and remember the past
with a prayer that the peace we enjoy now, will last.



L. Patricia Bayley

Member Care



The care of and compassion for our PROBUS Club members is an important feature of a vibrant club. While we all hope our members remain in good health, from time to time, members are in need of our support. “If I’d only known” is a statement we would like to avoid. Please inform Sylvia Hughes, in charge of Member Care, of any circumstances where a member of the club needs our support. Please provide as much detail as possible while being sensitive to the wishes of her or his family. Tom will send out the appropriate notice to the club and express appropriate wishes to the member and family on behalf of the club.

Durham Central PROBUS Club: [Click Link to Durham Central PROBUS Club website](#)

PROBUS CANADA Website: www.PROBUS.org

PROBUS Global website: <https://probusglobal.org/index.html>